

PHYSICAL THERAPISTS				
Resource	Address	Phone	Description of FP Services	Other
Ability Rehabilitation Services	737 Pearl Street, Suite 108 La Jolla, California 92037	(858) 456-2114		www.physicaltherapysandiego.com
Balance Plus Physical Therapy	3794 Clairemont Drive San Diego, CA 92114	(858) 483-1600		www.kathygrimsby.com
Challenge Center	5540 Lake Park Way La Mesa, CA 91942	(619) 667-8644		www.challengecenter.org
Gentiva Home Health, Safe Strides Program	2525 Camino Del Rio South, Suite 220 San Diego, CA_92108-3717	(619) 299-9900	Gentiva is a Medicare certified home health company, offering in home skilled nursing, physical therapy, occupational therapy, speech therapy, and medical social worker. Gentiva Safe Strides program is a specialized balance and vestibular rehabilitation program, offered in the comfort of the patient's own home.	www.gentiva.com
In-Home Therapy Services	533 2nd Street Encinitas, CA 92024	(760) 814-4938 (800) 931-5769	We offer in-home physical therapy to seniors with Medicare. Our focus is treating balance and gait disorders and we cover most of San Diego county.	www.sandiegoinhometherapy.com
Pura Vida Fit In Home Physical Therapy		(619) 518-6301	Physical Therapy services provided in your home.	www.puravidafit.com
Prevention Worx	Carlsbad, CA 92008	(760) 434-1589	Physical Therapist and Board Certified Geriatric Specialist. Work in Home Health, Consultant for Adult Day Health Care and Private PT in pt's home	www.sharp.com/srs
Rehab United	3959 Ruffin Road, Suite F San Diego, CA 92123	(858) 279-5570		www.rehabunited.com
Scripps Memorial Hospital- Encinitas***	354 Santa Fe Drive Encinitas, CA 92024	(760) 633-6507		www.scripps.org
Sharp Health Care Balance and Vestibular Program	Chula Vista Rehab Center 752 Medical Center Court Suite 303 Chula Vista, CA 91911	(619) 591-7900	Vestibular and Balance Rehabilitation Program. Recreational Therapy exercise classes including arthroschwim, gentle fitness, and other programs.	www.sharp.com
	Coronado Hospital 250 Prospect Place Coronado, CA 92118	(619) 522-3600		
	Grossmont Rehab Center 5555 Grossmont Center Drive La Mesa, CA 91944	(619) 740-4100		
	Memorial Rehab Center 2999 Health Center Drive San Diego, CA 92123	(858) 939-6949		
SHARP Rees-Stealy Downtown Clinic	2001 4th Ave San Diego, CA 92101	(619) 446-1730	PT one on one rehab to improve balance, strength, prevent falls.	www.sharp.com/srs
Sports Arena Physical Therapy	4120 W. Point Loma Blvd San Diego, CA 92110	(619) 226-4131	Fall Screening and Assessment Individual treatment programs. Follow up strength/balance classes.	www.sportsarena-pt.com
Tri-City Medical Center Rehab Services	4002 Vista Way Oceanside, CA 92056	(760) 940-7272	Comprehensive Balance and Vestibular Therapy (PT/OT)	www.tricitymed.org

Therapy Specialists	3760 Convoy Street Suite 204 San Diego, CA 92111	(858)514-0375	Screens, evals and treatment; occasional inservices/clinics at AL/IL, ADHC's and SNF's	www.therapyspecialists.net
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