

Vestibular Specialists
Description: Vestibular rehabilitation therapy (VRT) is a specific form of physical therapy designed to habituate symptoms, promote adaptation, and substitute various aspects of deficits related to a wide variety of balance disorders

Resources	Contact E-mail	Address	Phone	Description of FP Services	Website
Ability Rehabilitation Specialist	abilityrehab@gmail.com	737 Pearl Street, Suite 108, La Jolla, Ca 92037	(858) 456- 2114	Ability Rehabilitation Specialist provides balance reaction training, timing improvement, functional training, and tailored exercise training in focused areas such as strength, flexibility, and balance. Ability Rehabilitation Specialist also provides assessments for assistive devices, shoes and orthotics.	www.abilityrehabsd.com
Balance & Hearing Speciality Group, Inc.	kbest@besthearingsd.com	161 Thunder Drive Suite 104, Vista, CA 92083	(760) 889-8542	Balance & Hearing Specialty Group, Inc. (BALANCE & HEARING SPECIALTY GROUP, INC.) is a Audiology/ Hearing Clinic in Vista, California. Medical taxonomies which are covered include Audiologist-Hearing Aid Fitter. An audiologist/hearing aid fitter is a professional who specializes in evaluating and treating people with hearing loss. A wide variety of tests are made to determine the exact nature of an individual's hearing problem and a variety treatment options are given to patients. Audiologists dispenses and fits hearing aids, administers tests of balance to evaluate dizziness, and provides hearing rehabilitation training.	www.BestHearingSanDiego.com
Dr. Kimberley Bell, DPT Kim Bell Physical Therapy Inc. Doctor of Physical Therapy Vestibular Expert Health Coach.	info@BetterBalanceInLife.com	Phone consultations available and house calls in certain parts of San Diego County	760-652-9993	Dr. Kimberley Bell, DPT is an expert in Fall Prevention, Vestibular Rehabilitation and strategies to reverse normal aging who has served as the Clinical Leader of the San Diego Fall Prevention Task Force for over ten years. Dr. Bell's team of licensed physical therapists are Vestibular Experts who offer comprehensive, detailed in-home visits and specialty consultations, including an Initial Root Cause Evaluation and Treatments Package, follow up visits with packages and phone consultations for patients with most complex and difficult cases of dizziness, vertigo, imbalance and unexplained repeated falls. Dr. Bell's specialty consultations are not covered by health insurance or Medicare. No physician referral is required. Learn more about The Bell Method™, access multimedia e-courses, and sign up to follow Dr. Bell's blog or receiver her newsletter at BetterBalanceInLife.com.	http://www.betterbalanceinlife.com/
Kindred at Home	web_administrator@kindred.com	2525 Camino Del Rio S, Ste 220 San Diego, CA 92108	(619) 299-9900 ext 242	The Kindred at Home family of companies has been bringing great healthcare home for 40 years. Our nurses, therapists and other healthcare professionals are dedicated to improving the quality of life for those we serve. Services include the following: skilled nursing, physical, occupational and speech-language therapy, cardiac and pulmonary care neurorehabilitation, wound care, disease and pain management, medication management, and patient education. We promote self-management and provide treatment for balance problems that can lead to fall risks.	https://www.kindredhealthcare.com/locations/home-health/san-diego-ca-7022
In Home Therapy Services of San Diego	info@inhometherapyservices.com	640 Walnut Avenue, Carlsbad, CA 92008	Office: (800)931-5769 or (760)814-4938 Cell:(760)271-3850 Fax: 760-820-2677	Our company offers seniors on Medicare Part B the chance to have in-home PT/OT/ST as an alternative to going to the outpatient clinic. We travel to senior's homes in the North County area and treat a multitude of degenerative injuries and conditions associated with aging.	http://sandiegoinhometherapy.com/contact_us.php

North Coast Physical Therapy	Elianna@ncpt.sdcocmail.com	The Ocean Terrace Professional Center 3633 Vista Way, Suite 101 Oceanside, CA 92056	(760)729- 7298	Our physical therapists are specifically trained and certified as specialists in balance and Vestibular Rehabilitation Therapy. This unique expertise and our state of the art equipment allow us to treat individuals of all ages with complex disorders of the peripheral vestibular and central nervous system.	http://www.northcoastpt.com/
Pura Vida Fit Physical Therapy Inc.	info@puravidafit.com	Physical Therapy provided in your home	(619) 518-6301	A physical therapist with 25+ years of experience working with the geriatric population will perform a thorough evaluation and provide physical therapy in your home.	http://puravidafit.com/
Sharp Balance and Vestibular Rehabilitation		Chula Vista Rehab Center 752 Medical Center Court Suite 303 Chula Vista, Ca 91911	(619) 591- 7900	Sharp Rehab's Balance and Vestibular Program provides comprehensive rehabilitative therapy for individuals who have difficulty with balance, equilibrium or complaints of dizziness. Dedicated teams of therapists work together under the direction of a physician to return each person to their highest level of independence, productivity and well-being.	https://www.sharp.com/services/rehab/balance-vestibular.cfm
		2999 Health Center Drive San Diego, CA 92123	(858)939-6949		
		Grossmont Rehab Center 5555 Grossmont Center Drive La Mesa, Ca 91944	(619) 740- 4100		
Sharp Rees Stealy Medical Group		9610 Granite Ridge Drive, Suite C San Diego 92123	(858) 505- 5400	At Sharp Rees-Stealy, we're here to give you personalized, expert guidance throughout your entire physical rehabilitation. We know it also takes spiritual strength to restore your body, so we provide the encouragement and support you need to achieve overall balance and well-being. Our rehabilitation service centers are located throughout San Diego County.	https://www.sharp.com/rees-stealy/departments/rehab.cfm
		Rancho Bernardo- 16950 Via Tazon, San Diego, Ca 92127	(858) 521- 2265		
Vestibular Disorder Association	info@vestibular.org	5018 N.E. 15th Ave. Portland, Or. 97211	(800) 837-8428 or 837- (Vestibu)	This is a registry of vestibular (balance) for specialists. It can also be used by the public for educational purposes. We provide information about vestibular disorder which can assist you to manage symptoms and improve communication among family, friends, and healthcare professionals.	www.vestibular.org