



**COUNTY OF SAN DIEGO  
HEALTH AND HUMAN SERVICES AGENCY  
BEHAVIORAL HEALTH SERVICES  
MENTAL HEALTH BOARD**

**2010 ANNUAL REPORT**

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# Calendar Year 2010 Board of Supervisors



Greg Cox  
District 1



Dianne Jacob  
District 2



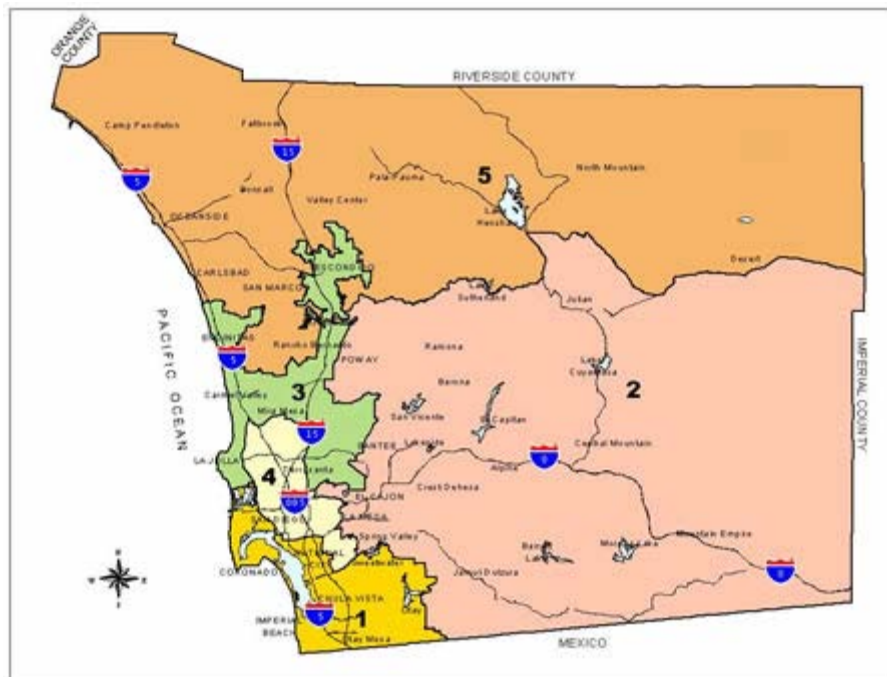
Pam Slater-Price  
District 3  
Chairwoman



Ron Roberts  
District 4



Bill Horn  
District 5  
Vice-Chairman



# 2010 MENTAL HEALTH BOARD

## MENTAL HEALTH BOARD EXECUTIVE COMMITTEE OFFICERS



**THERESA BISH, CHAIRPERSON**  
**DISTRICT 4, SUPERVISOR RON ROBERTS**  
**FAMILY MEMBER, HEALTH SERVICES ADVISORY BOARD REPRESENTATIVE**

THERESA HAS BEEN A MENTAL HEALTH ADVOCATE FOR OVER 20 YEARS. SHE HAS SERVED ON THE SAN DIEGO COUNTY MENTAL HEALTH ADVISORY BOARD SINCE 2007 AND IS CHAIR FOR 2010. THERESA'S BROTHER VINCENT WAS DIAGNOSED WITH SCHIZOPHRENIA IN 1981. IN 2003 HE TOOK HIS LIFE. THERESA HONORS HIM BY APPLYING HER EXPERIENCE AS BOTH A CONSERVATOR AND FAMILY MEMBER TO HELP OTHERS.



**JOHN STURM, 1<sup>ST</sup> VICE-CHAIRPERSON**  
**DISTRICT 4, SUPERVISOR RON ROBERTS**  
**CONSUMER MEMBER, DUAL DIAGNOSIS ADVOCATE, CALIFORNIA ASSOCIATION OF MENTAL HEALTH BOARDS/COMMISSIONS REPRESENTATIVE, ALCOHOL & DRUG ADVISORY BOARD REPRESENTATIVE**



**MICHAEL MCPHERSON, 2<sup>ND</sup> VICE-CHAIRPERSON**  
**DISTRICT 1, SUPERVISOR GREG COX**  
**CONSUMER MEMBER, ADVOCATE FOR MULTI-ETHNIC CONCERNS**

MICHAEL IS A DISABLED VETERAN AND THE PEER/SELF ADVOCACY PROGRAM'S SOUTHERN CALIFORNIA COORDINATOR, PROVIDING SERVICES TO OVER 60 MENTAL HEALTH CLIENTS PER WEEK AND TO A VETERAN PEER SELF ADVOCACY GROUP. THROUGH HIS OWN REHABILITATION EFFORTS, HE EARNED A B.S. IN WORKFORCE EDUCATION, TRAINING AND DEVELOPMENT (HONORS) FROM SOUTHERN ILLINOIS UNIVERSITY AT CARBONDALE. HE IS ALSO A CERTIFIED ALCOHOL AND OTHER DRUG COUNSELOR. HIS VOLUNTEER POSITIONS INCLUDE: PRESIDENT OF THE BOARD OF DIRECTORS FOR THE CALIFORNIA NETWORK OF MENTAL HEALTH CLIENTS; ASSISTANT COORDINATOR OF THE NAMI VETERANS COUNCIL FOR VETERAN INTEGRATED SERVICE NETWORK 22 (VISN 22); NATIONAL EMPOWERMENT CENTER VETERANS ADVISORY COMMITTEE; AND THE COUNTY OF SAN DIEGO MENTAL HEALTH BOARD AND ITS EXECUTIVE COMMITTEE.



**ERIC REVERE, MEMBER AT LARGE**  
**DISTRICT 5, SUPERVISOR BILL HORN**  
**FAMILY MEMBER, CRITICAL INCIDENTS COMMITTEE CHAIRPERSON,**

ERIC IS A NATIVE OF MOBILE, ALABAMA, AND ATTENDED SPRING HILL COLLEGE FOR FOUR YEARS AND THE UNIVERSITY OF ALABAMA FOR TWO YEARS, MAJORING IN CHEMISTRY. HE WAS A COMMISSIONED OFFICER IN THE US ARMY AND IS A VIET NAM VETERAN. HE HAS BEEN A RESIDENT OF ENCINITAS FOR 22 YEARS. HE HAS BEEN MARRIED FOR 44 YEARS, AND HAS FOUR CHILDREN AND NINE GRANDCHILDREN.

ERIC HAS BEEN A MEMBER OF THE NORTH COASTAL SAN DIEGO COUNTY AFFILIATE OF THE NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) FOR THE PAST 11 YEARS. HE CURRENTLY SERVES AS THE NEWSLETTER EDITOR AND BOARD MEMBER. HE HAS BEEN PAST PRESIDENT, TREASURER, GRANT WRITER, SUPPORT GROUP FACILITATOR AND ADVOCACY COMMITTEE CHAIR. HE ALSO SERVED AS A MEMBER OF THE ADULT PLANNING WORKGROUP OF THE MENTAL HEALTH SERVICES ACT IMPLEMENTATION TEAM AND HAS BEEN A MEMBER OF THE SAN DIEGO COUNTY MENTAL HEALTH BOARD SINCE 2008. HE CURRENTLY CHAIRS THE CRITICAL INCIDENTS COMMITTEE. HE INTRODUCED THE FAIRWEATHER LODGE MODEL OF SUPPORTED HOUSING AND SUPPORTED EMPLOYMENT TO SAN DIEGO COUNTY AND IS ALSO A VOLUNTEER WITH INTERFAITH COMMUNITY SERVICES OF ESCONDIDO, THE CURRENT OPERATOR OF THIS PROGRAM. ERIC IS ACTIVELY INVOLVED IN MANY ASPECTS OF HIS COMMUNITY CHURCH.



**GLORIA HARRIS, PH.D., PAST CHAIRPERSON  
DISTRICT 3, SUPERVISOR PAM SLATER-PRICE  
FAMILY MEMBER, HOUSING COUNCIL REPRESENTATIVE**

DR. GLORIA HARRIS RECEIVED HER DOCTORATE IN PSYCHOLOGY FROM THE UNIVERSITY OF WASHINGTON. IN 1975 SHE CO-AUTHORED THE GROUNDBREAKING BOOK, *ASSERTIVE TRAINING FOR WOMEN*. RECOGNIZED AS A "TRAILBLAZER FOR EMPOWERING WOMEN", DR. HARRIS WAS INDUCTED INTO THE SAN DIEGO WOMEN'S HALL OF FAME IN 2010. SHE ALSO HAS EDITED A TEXTBOOK, *THE GROUP TREATMENT OF HUMAN PROBLEMS*, AND CO-AUTHORED *SURVIVING INFIDELITY*, A SELF-HELP BOOK THAT HAS SOLD MORE THAN 200,000 COPIES. UNDER THE AUSPICES OF THE SAN DIEGO COUNTY COMMISSION ON THE STATUS OF WOMEN, DR. HARRIS DEVELOPED AN INTERDISCIPLINARY SEXUAL HARASSMENT TASK FORCE TO STUDY THE ISSUE AND SERVED AS CHAIR OF THE COMMISSION IN 1999.

DR. HARRIS HAS BEEN APPOINTED TO NUMEROUS BOARDS AND COMMISSION INCLUDING THE SAN DIEGO COUNTY SOCIAL SERVICES ADVISORY BOARD, THE COUNTY MENTAL HEALTH BOARD, THE SAN DIEGO PSYCHOLOGICAL ASSOCIATION, AND BOTH THE SAN DIEGO AND CALIFORNIA BOARDS OF THE SAN DIEGO ALLIANCE FOR THE MENTALLY ILL (NAMI). SHE WAS APPOINTED IN 2006 TO THE MENTAL HEALTH BOARD AND SERVED AS BOARD CHAIRPERSON IN 2009. DR. HARRIS CURRENTLY REPRESENTS THE MENTAL HEALTH BOARD ON THE HOUSING COUNCIL, WORKFORCE AND EDUCATION COLLABORATIVE, MENTAL HEALTH AMERICA AND SEVERAL OTHER COMMITTEES. HER CONTRIBUTIONS TO THE MENTAL HEALTH COMMUNITY LED MENTAL HEALTH AMERICA TO SELECT HER AS THE ORGANIZATION'S 2010 VOLUNTEER OF THE YEAR.

## **OTHER 2010 MENTAL HEALTH BOARD MEMBERS**



**VANGIE AKRIDGE, MS  
DISTRICT 5, SUPERVISOR BILL HORN  
MENTAL HEALTH DISCIPLINE MEMBER, CHILDREN, YOUTH AND FAMILY ADVOCATE**

VANGIE, MOTHER OF THREE, HAS A PASSION FOR COMMUNITY AND IS EAGER TO RECYCLE HER EDUCATION, PROMOTE COMMUNITY PARTNERING AND INCREASE THE LIKELIHOOD OF THE SURVIVAL OF THOSE INDIVIDUALS THAT HAVE BEEN COMPROMISED (EMOTIONALLY OR OTHERWISE). HER DEDICATION TO FAMILY, EDUCATION AND THE PROMOTION OF EMOTIONAL WELL BEING MAKES HER A GREAT RESOURCE AND ADVOCATE FOR BUILDING COMMUNITY HEALTH AND EDUCATION.

VANGIE HAS ESTABLISHED HERSELF IN THE FIELD OF PSYCHOLOGY AND EDUCATION BY PRACTICING SCHOOL PSYCHOLOGY IN A LOCAL SCHOOL DISTRICT FOR THE PAST TEN YEARS. SHE ALSO TEACHES AT A LOCAL UNIVERSITY. VANGIE DOUBLE MAJORED AT UCLA, RECEIVING HER BACCALAUREATE DEGREE IN PSYCHOLOGY AND AFRICAN-AMERICAN STUDIES BEFORE MOVING BACK TO SAN DIEGO AND RECEIVING HER MASTER'S OF SCIENCE AND PUPIL PERSONNEL SERVICES CREDENTIAL IN SCHOOL PSYCHOLOGY. SHE HAS ALSO COMPLETED THE ALCOHOL AND DRUG COUNSELING PROGRAM AT NATIONAL UNIVERSITY. HER VOCATIONAL EXPERIENCE HAS CONTRIBUTED TO A VAST KNOWLEDGE IN HUMAN DEVELOPMENT, PSYCHOLOGICAL PROCESSING, COGNITION, CONSULTATION, GROUP AND INDIVIDUAL COUNSELING, PSYCHOLOGICAL/EDUCATIONAL ASSESSMENT, SPECIAL EDUCATION LAW, SPECIFIC LEARNING DISABILITIES, ADHD, EMOTIONAL DISTURBANCES, AUTISM, LOW INCIDENT DISORDERS, ALCOHOL/SUBSTANCE ABUSE, DUAL DIAGNOSIS AND MANY OTHER FACTORS THAT MAY IMPAIR ACADEMIC PROGRESSION AND SOCIAL/EMOTIONAL FUNCTIONING.

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**KATHERINE RALEIGH DI FRANCESCA, PH.D.**  
**DISTRICT 4, SUPERVISOR RON ROBERTS**  
**MENTAL HEALTH DISCIPLINE MEMBER**

3821 FRONT STREET  
SAN DIEGO, CALIFORNIA 92103  
(619) 294-3399; FAX (619) 294-3225  
PSYCHOLOGIST DIPLOMATE, FORENSIC PSYCHOLOGY  
LIC. NO. PSY 417 AMERICAN BOARD OF PROFESSIONAL PSYCHOLOGY

DR. KATHERINE DI FRANCESCA HAS A PH.D. IN PSYCHOLOGY THAT WAS AWARDED IN 1969 FROM SAINT LOUIS UNIVERSITY. SHE HAS BEEN LICENSED IN THE STATE OF CALIFORNIA SINCE 1974. SHE HAS A FORENSIC AND CLINICAL PSYCHOLOGY PRACTICE. SHE IS A MENTAL HEALTH BOARD EXPERT ON VETERANS' AND FORENSIC ISSUES AND SERVES ON THE MENTAL HEALTH SERVICES ACT INNOVATION COMPONENT WORKGROUP.



**LYNN E. HOWELL**  
**DISTRICT 1, SUPERVISOR GREG COX**  
**FAMILY MEMBER**

BORN AND EDUCATED IN ENGLAND, LYNN, ALONG WITH HER HUSBAND AND TWO CHILDREN, CAME TO LIVE IN THE USA IN THE EARLY NINETIES. SHE WORKED FOR A LOCAL DEVELOPER FOR NEARLY TWELVE YEARS, AND FOR THE PAST THREE YEARS HAS SOLD REAL ESTATE. LYNN HAS BEEN A LOCAL VOLUNTEER FOR 19 YEARS: SCHOOL VOLUNTEER; ACS – RELAY FOR LIFE; JUNIOR ACHIEVEMENT; AND EXECUTIVE BOARD MEMBER FOR THE EASTLAKE EDUCATIONAL FOUNDATION. LYNN IS A FAMILY MEMBER OF THE MHB AND SEES HER ROLE AS THE “VOICE AND EARS” FOR THOSE WITH A MENTAL DISABILITY.

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**MIKE MATTHEWS**  
**DISTRICT 5, SUPERVISOR BILL HORN**  
**CONSUMER MEMBER, CLIENT/CONSUMER ADVOCATE**



**SUSAN PALLINGER**  
**DISTRICT 3, PAM SLATER-PRICE**  
**FAMILY MEMBER**

SUSAN HAS BEEN AN ADVOCATE FOR MENTAL HEALTH EVER SINCE HER CHILDHOOD IN CHICAGO WHERE, ALONG WITH HER FAMILY, SHE HELPED PROVIDE FOR THE HOMELESS. AFTER MOVING TO CALIFORNIA, SHE WORKED IN CHEMICAL DEPENDENCY PROGRAMS, AND FOR MANY YEARS AS A SCHOOL HEALTH PROFESSIONAL. IN ADDITION TO THE MENTAL HEALTH ADVISORY BOARD, SUSAN HAS SERVED AS A VOLUNTEER AT SCRIPPS MEMORIAL HOSPITAL AND AS A BOARD MEMBER ON THE COUNTY COMMISSION ON THE STATUS OF WOMEN. SUSAN HAS SERVED ON THE ADVISORY BOARD SINCE 2006, AND AS A FAMILY MEMBER SHE IS DEDICATED TO HELPING REMOVE THE ROADBLOCKS TO OBTAINING TREATMENT AND SERVICES REQUIRED TO HELP FAMILY MEMBERS ADDRESS AND TREAT AN INDIVIDUAL IN THEIR FAMILY WHO IS CHALLENGED BY MENTAL HEALTH ISSUES.

**IRWIN S. ROSENFARB, PH.D.**



IRWIN S. ROSENFARB, PHD IS A LICENSED PSYCHOLOGIST AND PROFESSOR IN THE CLINICAL PSYCHOLOGY PH.D. PROGRAM AT CSPP/ALLIANT INTERNATIONAL UNIVERSITY IN SAN DIEGO. HIS TEACHING, RESEARCH, AND CLINICAL INTERESTS FOCUS ON HELPING INDIVIDUALS WITH SEVERE MENTAL ILLNESS AND THEIR FAMILY MEMBERS. HE WAS THE PRINCIPAL INVESTIGATOR ON A NIMH RESEARCH GRANT AND HAS OVER 100 PUBLICATIONS AND PRESENTATIONS ON SCHIZOPHRENIA, BIPOLAR DISORDER, AND DEPRESSION.



**PAM SLATER PRICE**  
**DISTRICT 3 SUPERVISOR**  
**BOARD OF SUPERVISOR APPOINTED MEMBER**

CHAIRWOMAN PAM SLATER-PRICE HAS BEEN THE BOARD OF SUPERVISORS' APPOINTED MEMBER OF THE MENTAL HEALTH BOARD FOR A NUMBER OF YEARS. SHE HAS ACTIVELY SUPPORTED MENTAL HEALTH ISSUES FOR SAN DIEGO COUNTY RESIDENTS, AND MOST RECENTLY LAUNCHED A CAMPAIGN AGAINST STIGMA.

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**LUANNE VONDER KUHLEN**  
**DISTRICT 1, SUPERVISOR GREG COX**  
**MENTAL HEALTH DISCIPLINE MEMBER**

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**JUDITH YATES**  
**DISTRICT 2, SUPERVISOR DIANNE JACOB**  
**MENTAL HEALTH DISCIPLINE MEMBER**

JUDITH R. YATES IS VICE-PRESIDENT AND CHIEF OPERATIONS OFFICER OF THE HOSPITAL ASSOCIATION OF SAN DIEGO AND IMPERIAL COUNTIES, A NON-PROFIT TRADE ASSOCIATION REPRESENTING HOSPITALS AND HEALTH SYSTEMS IN THE TWO-COUNTY AREA. USING HER EXPERTISE IN STRATEGIC PLANNING, COMMUNICATIONS, TEAM DEVELOPMENT, AND PROGRAM DEVELOPMENT, YATES' EFFORTS SUPPORT HOSPITAL ASSOCIATION MEMBERS AS AN ADVOCATE FOR AFFORDABLE, MEDICALLY NECESSARY, QUALITY HEALTH CARE SERVICES IN THE SAN DIEGO AND IMPERIAL COUNTY COMMUNITIES. YATES REPRESENTS HOSPITAL MEMBERS ON NUMEROUS STATE-LEVEL ISSUES THROUGH MEETINGS OF THE CALIFORNIA HOSPITAL ASSOCIATION (CHA) INCLUDING PUBLIC AFFAIRS, DISASTER PREPAREDNESS, EMERGENCY MEDICAL SERVICES/TRAUMA, GOVERNANCE, WORKFORCE, RURAL HEALTH, BEHAVIORAL HEALTH, HOMELESSNESS, STROKE, CONTINUING CARE, MEDICAL REHABILITATION, PAYER RELATIONS, AND ACCREDITATION/LICENSING. YATES HOLDS A BACHELORS OF SCIENCE IN NURSING AND A MASTERS IN PUBLIC HEALTH.

## **STAFF TO THE MENTAL HEALTH BOARD**



**ALFREDO AGUIRRE, LCSW**  
**COUNTY OF SAN DIEGO MENTAL HEALTH DIRECTOR**  
**STAFF TO THE MENTAL HEALTH BOARD**

ALFREDO AGUIRRE, LCSW BEGAN HIS SERVICE IN THE COUNTY OF SAN DIEGO IN 1999 AS CHILDREN'S MENTAL HEALTH DIRECTOR. IN 2004 ACTING DIRECTOR OF ADULT/OLDER ADULT MENTAL HEALTH SERVICES WAS ADDED TO HIS RESPONSIBILITY AS CHILDREN'S DIRECTOR. IN 2007 HE WAS FORMALLY APPOINTED FULL DIRECTOR OF MENTAL HEALTH SERVICES. ALFREDO SERVED AS PRESIDENT OF THE CALIFORNIA MENTAL HEALTH DIRECTOR'S ASSOCIATION (CMHDA) IN 2010, AND HE CURRENTLY SERVES AS THE CO-CHAIR OF THE ETHNIC SERVICES COMMITTEE. MOST RECENTLY, HE WAS APPOINTED BY SAMHSA'S CMHS-CHILDREN'S MENTAL HEALTH BRANCH TO SERVE ON THEIR NATIONAL ADVISORY COMMITTEE: COUNCIL OF COLLABORATION AND COOPERATION. HE IS ALSO A MEMBER OF THE ALUMNI NETWORK STEERING COMMITTEE FOR THE CHILD, ADOLESCENT AND FAMILY BRANCH, CENTER FOR MENTAL HEALTH SERVICES UNDER SAMHSA, AND HE IS A PAST MEMBER OF THE NATIONAL ADVISORY BOARD FOR THE UNIVERSITY OF SOUTH FLORIDA'S RESEARCH AND TRAINING CENTER FOR CHILDREN'S MENTAL HEALTH. PRIOR TO HIS POSITION IN SAN DIEGO, ALFREDO WAS DEPUTY DIRECTOR FOR SAN MATEO COUNTY MENTAL HEALTH FOR SIX YEARS, RESPONSIBLE FOR THE CHILD AND YOUTH SYSTEM OF CARE. ALFREDO HAS WORKED IN COMMUNITY MENTAL HEALTH FOR THE PAST 30 YEARS AS A PSYCHIATRIC SOCIAL WORKER, STAFF SUPERVISOR, CLINIC MANAGER AND SYSTEM-WIDE MANAGER.

# **MENTAL HEALTH BOARD VISION**

## **COUNTY OF SAN DIEGO MENTAL HEALTH BOARD MISSION STATEMENT**

**THE MISSION OF THE COUNTY OF SAN DIEGO MENTAL HEALTH BOARD UNDER 5604.2 IS TO REVIEW AND EVALUATE THE COMMUNITY'S MENTAL HEALTH NEEDS, SERVICES, PROGRAMS, FACILITIES, SPECIAL PROBLEMS, IMPACTS OF REALIGNMENT, AND PROCEDURES USED TO ENSURE CITIZEN AND PROFESSIONAL INVOLVEMENT IN THE PLANNING PROCESS, AND TO ADVISE THE BOARD OF SUPERVISORS AND THE MENTAL HEALTH DIRECTOR ON ANY ASPECTS OF THE ABOVE.**

**IN ADDITION, THE MENTAL HEALTH BOARD HAS RESPONSIBILITY TO:**

- REVIEW THE COUNTY'S PERFORMANCE CONTRACT WITH THE STATE;**
- REVIEW AND MAKE RECOMMENDATIONS ON THE APPOINTMENT OF THE LOCAL MENTAL HEALTH DIRECTOR;**
- PROVIDE AN ANNUAL UPDATE TO THE BOARD OF SUPERVISORS ON THE NEEDS AND PERFORMANCE OF THE LOCAL MENTAL HEALTH PROGRAMS, AND TO THE CALIFORNIA MENTAL HEALTH PLANNING COUNCIL ON THE COUNTY'S PERFORMANCE OUTCOME DATA.**



## **MESSAGE FROM THE MENTAL HEALTH BOARD 2010 CHAIRPERSON**

IT WAS A GREAT HONOR TO SERVE AS CHAIRPERSON OF THE 2010 MENTAL HEALTH BOARD AND WITH THE EXCEPTIONAL INDIVIDUALS WHO VOLUNTEERED TO SERVE ON IT. WE OPERATED AT LESS THAN THE CAPACITY OF 16 APPOINTEES AND IN THE LAST QUARTER OF THE YEAR FELL TO 10 MEMBERS. HOWEVER, IT WAS NOT REFLECTED IN THE ACHIEVEMENTS OF OUR BOARD. I WANT TO THANK ALL OF THE BOARD AND ITS OFFICERS - JOHN STURM, 1<sup>ST</sup> VICE-CHAIRPERSON, MICHAEL MCPHERSON, 2<sup>ND</sup> VICE-CHAIRPERSON, ERIC REVERE, MEMBER AT LARGE, AND GLORIA HARRIS, PH.D., PAST CHAIRPERSON - FOR THEIR SERVICE, LEADERSHIP, AND SUPPORT.

THE BOARD AVERAGED TWO TO THREE MEETINGS EACH MONTH IN THE FIRST SIX MONTHS OF THE YEAR. I EXTEND A SPECIAL THANK YOU TO OUR MENTAL HEALTH DIRECTOR, MR. ALFREDO AGUIRRE, WHO WORKED ALONGSIDE THE BOARD AND FACILITATED THE BOARD'S WORK LOAD, AND ALSO TO THE FINE STAFF OF COUNTY MENTAL HEALTH SERVICES AND MOST NOTABLY MARIANNE WEDEMAYER AND VELIA FEMATT.

THE BUDGET UNCERTAINTIES AND DECREASE IN NORMAL REVENUE STREAMS COMBINED WITH MHSA PROGRAM EXPANSIONS PROVIDED A DIVERSE CONTEXT FOR OUR ACTIVITIES THE ENTIRE YEAR. OUR BOARD VOTED TO SUPPORT SAN DIEGO COUNTY HHSA'S "BUILDING BETTER HEALTH" HEALTH STRATEGY AGENDA WHICH WILL IN THE NEXT TEN YEARS SEE A FULL INTEGRATION OF PHYSICAL AND MENTAL HEALTH SERVICES. THIS INITIATIVE HAS EXCITED THE WHOLE COMMUNITY WITH ITS SCOPE AND VISION.

BOARD MEMBERS PULLED DOUBLE DUTY THROUGHOUT THE YEAR AS LIAISONS TO VARIOUS COUNCILS AND SERVED ON SUBCOMMITTEES. IN JANUARY WE BEGAN ADDITIONAL MEETINGS IN ORDER TO ACCOMPLISH A SPECIAL REPORT TO THE CALIFORNIA MENTAL HEALTH PLANNING COUNCIL. A SPECIAL TEAM CONSISTING OF KATHERINE DI FRANCESCA, PH.D., JOHN STURM AND MICHAEL MCPHERSON WAS FORMED TO DEVELOP OUR FINAL REPORT. THE ENTIRE BOARD IS GRATEFUL TO THEM. THE REPORT ON DISPARITIES IN ETHNICITIES IS NOW A WORKING DOCUMENT TO BE UPDATED ANNUALLY.

A CRITICAL INCIDENTS SUBCOMMITTEE WAS SEATED IN JANUARY LED BY SUBCOMMITTEE CHAIRPERSON ERIC REVERE. OTHER MEMBERS CONSISTED OF GLORIA HARRIS, PH.D., SUSAN PALLINGER AND THERESA BISH. THE SUBCOMMITTEE PERFORMED ON-SITE VISITS AND MEETINGS WITH LAW ENFORCEMENT. IN NOVEMBER I HAD THE PRIVILEGE OF MODERATING A PUBLIC FORUM ON ASSISTED OUTPATIENT TREATMENT (AOT). THE FORUM WAS COLLABORATION BETWEEN THE MENTAL HEALTH BOARD AND MENTAL HEALTH SERVICES. AOT IS NOT YET IMPLEMENTED IN SAN DIEGO COUNTY. RELIANCE ON SAFETY NET SERVICES OF JAILS AND HOSPITALS WAS REINFORCED DURING OUR SPECIAL BUDGET STUDY GROUP MEETING ON FEBRUARY 17, 2010.

A FOCUS THROUGHOUT THE YEAR WAS ON GAPS IN SERVICES AND THOSE BEING UNDERSERVED. THE BOARD CONTINUES TO WORK WITH THE MENTAL HEALTH DIRECTOR IN THESE AREAS. SETTING PRIORITIES WITHIN THE BUDGET CONSTRAINTS AND MHSA GUIDELINES BRINGS TOGETHER OUR MENTAL HEALTH COMMUNITY IN GREATER NUMBERS TO PARTICIPATE IN THE PROCESS. CLIENTS OF OUR COUNTY SERVICES ARE PARTICIPATING IN BOTH PAID AND VOLUNTARY POSITIONS. THEIR INSIGHT AND LIVED EXPERIENCE HAS ADDED GREATLY TO IDENTIFYING SERVICE NEEDS AND SOLUTIONS. INCREASED CLIENT PARTICIPATION IS INSPIRING AND GRATIFYING TO ALL OF US AND THEIR PEER LEADERSHIP HAS STRENGTHENED OUR COUNTY PROGRAMS.

RESPECTFULLY,

THERESA BISH, MENTAL HEALTH BOARD CHAIRPERSON

## **MESSAGE FROM THE LOCAL MENTAL HEALTH DIRECTOR**

**WITH GREAT HONOR, I SUBMIT THE MESSAGE FROM THE DIRECTOR FOR OUR 2010 ANNUAL REPORT. THE ACHIEVEMENTS OF THE BOARD WOULD NOT BE POSSIBLE WITHOUT THE LEADERSHIP OF ITS CHAIRPERSON, THERESA BISH, AND THE EXECUTIVE COMMITTEE CONSISTING OF JOHN STURM, 1<sup>ST</sup> VICE-CHAIRPERSON, MICHAEL MCPHERSON, 2<sup>ND</sup> VICE-CHAIRPERSON, ERIC REVERE, MEMBER AT LARGE, AND GLORIA HARRIS, PH.D., PAST CHAIRPERSON.**

**WITH THE BOARD'S SUPPORT, THERE ARE NUMBER OF AREAS OF SYSTEM DEVELOPMENT AND QUALITY IMPROVEMENT WORTHY OF MENTION IN MY REPORT.**

- 1. MENTAL HEALTH SERVICES CONTINUED TO ENHANCE SERVICES DESPITE THE POOR ECONOMY AND REDUCTION IN TRADITIONAL REVENUES THROUGH THE STRATEGIC USE OF NEW MHSA FUNDING AND TRANSFORMATION OF SERVICES TO MEET THE UNIQUE NEEDS OF OUR POPULATION. ALL COMPONENTS EXCEPT FOR CAPITAL FACILITIES HAVE EITHER BEEN IMPLEMENTED OR IMPLEMENTATION HAS BEEN INITIATED (E.G. INITIAL TECHNOLOGICAL NEEDS FEATURES AND INNOVATION).**
- 2. IN PREPARATION FOR HEALTH CARE REFORM, MENTAL HEALTH HAS MADE SIGNIFICANT GAINS IN INTEGRATING BEHAVIORAL HEALTH CARE WITH PHYSICAL HEALTH CARE SERVICES AND ESTABLISHING MEDICAL HOMES FOR MENTAL HEALTH CLIENTS.**
- 3. WE HAVE REENGINEERED OUR URGENT CARE/WALK-IN SERVICES, TRANSITIONING FROM A CENTRAL LOCATION AT THE SAN DIEGO COUNTY PSYCHIATRIC HOSPITAL TO REGIONAL VENUES THAT OFFER IMPROVED ACCESS TO SUSTAINABLE, RECOVERY BASED CARE.**
- 4. WE ARE WORKING IN COLLABORATION WITH THE CITY OF SAN DIEGO AND OTHER AGENCIES INVOLVED WITH THE HOMELESS TO DEVELOP HOUSING AND SERVICE SUPPORT OPTIONS. OUR CONTRIBUTION INCLUDES MHSA FUNDS TO PROVIDE FULL SERVICE PARTNERSHIPS FOR INDIVIDUALS SERVED BY TWO HOMELESS INITIATIVES: ONE FOR THE MOST VULNERABLE, HIGH-RISK HOMELESS AND ONE FOR HIGH UTILIZE OF MULTIPLE SYSTEMS.**
- 5. MENTAL HEALTH SERVICES WORKED IN COLLABORATION WITH PUBLIC SAFETY PARTNERS AND THE COURT TO ESTABLISH THE FIRST EVER SAN DIEGO MENTAL HEALTH COURT.**
- 6. MENTAL HEALTH SERVICES CONTINUES TO DEVELOP PREVENTION AND EARLY INTERVENTION AND TREATMENT PROGRAMS TO ADDRESS UNDERSERVED POPULATIONS SUCH AS CHILDREN UNDER FIVE AND TRANSITION AGE YOUTH WITH CHILDHOOD AND TAY PROGRAMS, OLDER ADULTS WITH SENIOR TARGETED PROGRAMS, AND VETERANS/RETURNING SERVICE WOMEN AND MEN WITH NEW IN-HOUSE PROGRAMS AND IN COMMUNITY PARTNERSHIPS.**

**THE COUNTY'S BEHAVIORAL HEALTH DIVISION LOOKS FORWARD TO WORKING WITH THE MENTAL HEALTH BOARD AS WE CONTINUE TO ADDRESS CHALLENGES AND OPPORTUNITIES TOWARDS BUILDING A BETTER SYSTEM TO ADDRESS NOT ONLY OUR COMMUNITIES' BEHAVIORAL HEALTH NEEDS BUT TO IMPROVE OUR COMMUNITIES' OVERALL HEALTH, SAFETY AND SELF-SUFFICIENCY.**

**RESPECTFULLY,**

**ALFREDO AGUIRRE, LCSW, MENTAL HEALTH DIRECTOR**

## **2010 ADVOCACY AND REPRESENTATIVE APPOINTMENTS**

**CHILDREN, YOUTH AND FAMILY ADVOCATE: VANGIE AKRIDGE**

**CLIENT/CONSUMER ADVOCATE: MIKE MATTHEWS**

**ADVOCATE FOR MULTI-ETHNIC CONCERNS: MICHAEL MCPHERSON**

**OLDER ADULT ADVOCATE: LUANNE VONDER KUHLEN**

**DUAL DIAGNOSIS ADVOCATE: JOHN STURM**

**RESIDENTIAL CARE ADVOCATE: SUSAN PALLINGER**

**HEALTH SERVICES ADVISORY BOARD REPRESENTATIVE: THERESA BISH**

**HEALTH SERVICES ADVISORY BOARD ALTERNATE: JUDITH YATES**

**CALMHB/C REPRESENTATIVE: THERESA BISH; JOHN STURM**

**ALCOHOL AND DRUG ADVISORY BOARD: JOHN STURM**

**HOUSING COUNCIL: -.GLORIA HARRIS, PH.D.**

**CRITICAL INCIDENTS COMMITTEE: ERIC REVERE**

**VETERANS AFFAIRS LIAISON: MICHAEL MCPHERSON**

**VETFAM LIAISONS: KATHERINE DI FRANCESCA, PH.D. (FOR LEGAL ISSUES), AND MICHAEL MCPHERSON**

**MHSA WORKFORCE EDUCATION AND TRAINING (WET) WORKGROUP REPRESENTATIVE: GLORIA HARRIS, PH.D.**

**MHSA INNOVATION WORKGROUP REPRESENTATIVE: KATHERINE DI FRANCESCA, PH.D.**

# **2010 MENTAL HEALTH BOARD KEY ISSUES AND ACCOMPLISHMENTS**

## **QUALITY OF SERVICES**

- **SUPPORTING BEST PRACTICES:**  
THERE CONTINUES TO BE A STRONG FOCUS BY THE BOARD ON ENSURING THAT THE CLIENTS' RIGHTS TO TIMELY TREATMENT AND RESPONSIBLE PRESCRIPTION DRUG UTILIZATION ARE HAPPENING. THE BOARD PROMPTED AN OUTREACH PRESCRIPTION MEDICATION PROGRAM TO EDUCATE PHYSICIANS ON OVER MEDICATING AND NEED FOR KNOWLEDGE OF A CLIENT'S PRESCRIPTION MEDICATION UTILIZATION FOR PHYSICAL DISORDERS. THIS IS A NOVEL PROGRAM FOR THE COUNTY COMMENCING IN 2010.
- **CONTINUOUS QUALITY IMPROVEMENT AND CLIENT SATISFACTION:**  
IMPLEMENTATION OF CONTINUOUS QUALITY IMPROVEMENT AND CLIENT SATISFACTION IS A PRIORITY OF THE MENTAL HEALTH BOARD. THIS INCLUDES DISCUSSIONS INVOLVING POLICIES AND PROCEDURES OF COMMUNITY CLINICS IN REGARD TO STANDARDIZATION OF TRAINING AND MISSED APPOINTMENTS BY PROFESSIONALS. OUTGOING BOARD MEMBER MIKE MATTHEWS CONTRIBUTED CLIENT INCIDENTS AND FEEDBACK THROUGHOUT THE YEAR AND WE THANK HIM FOR HIS CONTRIBUTIONS.

## **ACCESS**

- **CAPACITY:**  
MONITORING OF COMMUNITY CLINIC WAIT TIMES CONTINUES. THIS IS A GROWING CONCERN DUE TO BUDGET CUTS. THERE ARE NO CURRENT PLANS TO INCREASE CAPACITY AT THE COUNTY PSYCHIATRIC HOSPITAL.
- **REACHING UNSERVED AND UNDERSERVED POPULATIONS:**  
THE BOARD FOCUSED ON THE 'SEVERELY MENTALLY ILL' AND THOSE REFUSING TREATMENT.

## **ECONOMIC REALITIES PLANNING**

- **SETTING PRIORITIES IN TIMES OF DIMINISHING FINANCIAL RESOURCES:**  
HOUSING IS THE NUMBER ONE CONCERN OF CLIENTS. ADDITIONALLY, SAFETY NET SERVICES ARE RELIED ON FOR THE TREATMENT OF THE 'SEVERELY MENTALLY ILL.'

## **MENTAL HEALTH SERVICES ACT IMPLEMENTATION**

- **THE MENTAL HEALTH BOARD PROVIDED INPUT AND SUPPORT FOR CONTINUING MHSA IMPLEMENTATION DURING 2010. DURING THE YEAR THEY PARTICIPATED IN FIVE 30-DAY PUBLIC REVIEWS FOR MHSA COMPONENTS AND MHSA HOUSING PROJECTS, AND CONDUCTED ONE PUBLIC HEARINGS FOR THE MHSA FISCAL YEAR 2010-11 ANNUAL UPDATE AND CSS ENHANCEMENT #7. IN AUGUST 2010 A MHSA INNOVATION WORKGROUP CONVENED, WITH MENTAL HEALTH BOARD**

**MEMBER DR. KATHERINE DI FRANCESCA PARTICIPATING. ALSO IN AUGUST, A WORKFORCE EDUCATION AND TRAINING WORKGROUP CONVENED WITH DR. GLORIA HARRIS PARTICIPATING FOR THE MENTAL HEALTH BOARD.**

- **THE MENTAL HEALTH BOARD PLAYED AN IMPORTANT ROLE IN IMPROVING THE PLANNING PROCESS FOR THE MHSA INNOVATION COMPONENT.**

#### **RE-FOCUSING ON VETERANS' ISSUES AND MENTAL HEALTH NEEDS**

- **VETFAM:  
VETERANS ARE RETURNING HOME TO SAN DIEGO IN GREATER NUMBERS AND WILL BE UTILIZING COUNTY MENTAL HEALTH SERVICES. THERE IS A LARGE POPULATION RECEIVING LESS THAN HONORABLE DISCHARGES THAT WILL NOT QUALIFY FOR VETERANS ADMINISTRATION BENEFITS.**
- **VETERANS COURT:  
THE VETERANS COURT IS DUE TO BEGIN SESSION IN 2011.**

#### **CONTINUING COLLABORATIVE EFFORTS WITH LAW ENFORCEMENT**

- **CRITICAL INCIDENT MEETINGS:  
THE SUBCOMMITTEE MET TWO TIMES, AND ALSO HELD AN ONSITE VISIT AT THE PSYCHIATRIC HOSPITAL.**

**ONGOING DISCUSSIONS ARE BEING HELD WITH LAW ENFORCEMENT. THE COMMITTEE PAID A VISIT TO THE COUNTY PSYCHIATRIC HOSPITAL. IT HAS ACKNOWLEDGED THE NEED TO DO A BETTER JOB OF NOTING FAMILY MEMBER INPUT INTO CLIENTS' CHARTS, AND ALSO TO REDUCE LAW ENFORCEMENT WAIT TIME.**

- **MENTAL HEALTH COURT:  
BOARD MEMBER SUSAN PALLINGER PAID A VISIT TO THE COURT (MAY 25, 2010).**

#### **COMMUNITY RELATIONS**

- **VOLUNTEER RECOGNITION PROGRAM:
  - **MARY ANN BRUMMER, PH.D. (JULY 1, 2010)****
- **PUBLIC FORUM – WELFARE AND INSTITUTIONS CODE SECTION 5270 (APRIL 29, 2010)**
- **THE MENTAL HEALTH BOARD SITE IS NOW LIVE ON THE NETWORK OF CARE WEBSITE**

#### **BUILDING CORE COMPETENCIES**

- **STUDY GROUPS:**

- **ECONOMIC REALITIES PLAN, PHASE II - PRIORITIZATION RECOMMENDATIONS (FEBRUARY 17, 2010)**
- **MHSA INNOVATION CYCLE 2 PRIORITIZATION (SEPTEMBER 13, 2010)**
- **2010 ANNUAL STRATEGY PLANNING MEETING (RETREAT) (NOVEMBER 6, 2010)**

- **PRESENTATIONS IN 2010**
  - **FAIRWEATHER LODGE PROJECT ESCONDIDO (JANUARY 7, 2010)**
  - **MHSA FULL SERVICE PARTNERSHIPS (FSPs) FEBRUARY 4, 2010)**
  - **MENTAL HEALTH AMERICA – ADDRESSING BARRIERS TO MENTAL HEALTH SERVICES FOR NATIVE AMERICAN/ALASKAN NATIVE POPULATIONS IN SAN DIEGO COUNTY (MARCH 4, 2010)**
  - **CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION PAROLEE REENTRY PROGRAM BY TELECARE (APRIL 1, 2010)**
  - **HHS BUDGET OFFICE PRESENTATION ON THE FY 2010-12 OPERATIONAL PLAN (MAY 6, 2010)**
  - **FRAMEWORK FOR OUTCOMES/QUALITY STANDARDS (JUNE 3, 2010)**
  - **AD EASE MENTAL HEALTH MEDIA CAMPAIGN (JULY 1, 2010)**
  - **TRAUMATIC BRAIN INJURY ISSUES (JULY 1, 2010)**
  - **HOUSING ISSUES PANEL DISCUSSION ON: HOUSING, BOARD AND CARES, INDEPENDENT LIVING FACILITIES AND OTHER HOUSING RESOURCES (SEPTEMBER 2, 2010)**
  - **HOUSING DEVELOPMENT/HOMELESS STRATEGIES (OCTOBER 7, 2010)**
  - **ELDER MULTICULTURAL ACCESS & SUPPORT SERVICES PROGRAM – UNION OF PAN ASIAN COMMUNITIES (UPAC– EMASS) (NOVEMBER 4, 2010)**
  - **SURVIVORS OF TORTURE INTERNATIONAL (DECEMBER 2, 2010)**
  - **MENTAL HEALTH BOARD NETWORK OF CARE WEBSITE (DECEMBER 2, 2010)**

## **SUPPORT FOR 2010 BOARD OF SUPERVISOR ACTIONS**

**MENTAL HEALTH SERVICES ACT – CAPITAL FACILITIES AND TECHNOLOGICAL NEEDS COMPONENT, TECHNOLOGICAL NEEDS PROJECT PROPOSAL FOR THE COUNTY’S THREE-YEAR PROGRAM AND EXPENDITURE PLAN (SUPPORTED)**

**MENTAL HEALTH SERVICES – ENHANCEMENT OF THERAPEUTIC BEHAVIORAL SERVICES (JANUARY 7, 2010) SUPPORTED**

**MENTAL HEALTH SERVICES – FISCAL YEAR 2009-10 FEDERAL BLOCK GRANT SPENDING PLAN (FEBRUARY 4, 2010) SUPPORTED**

**MENTAL HEALTH SERVICES - CONDITIONAL RELEASE PROGRAMS CONTRACTS (MARCH 4, 2010) SUPPORTED**

**MENTAL HEALTH SERVICES – CONTRACT AMENDMENT FOR AUGMENTED SERVICES FOR THE EMERGENCY SCREENING UNIT (ESU) (APRIL 1, 2010) SUPPORTED**

**HEALTH STRATEGY AGENDA: BUILDING BETTER HEALTH (HNSA-WIDE ITEM) (MAY 6, 2010) SUPPORTED**

**MNSA ISSUE RESOLUTION PROCESS (JULY 1, 2010) SUPPORTED**

**MENTAL HEALTH SERVICES PROCUREMENTS AND JUVENILE DIVERSION EXTENSION (OCTOBER 7, 2010) INFORMATION ONLY – NO QUORUM PRESENT**

**CHILD WELFARE SERVICES – PROCUREMENT OF FOSTER FAMILY AGENCY (FFA) PROGRAM AND GROUP HOME PROGRAM PROVIDERS, AND PROCUREMENT OF CHILDREN’S MENTAL HEALTH SERVICES (OCTOBER 7, 2010) INFORMATION ONLY – NO QUORUM PRESENT**

**MENTAL HEALTH SERVICES - FISCAL YEAR 2010-11 FEDERAL BLOCK GRANT SPENDING PLAN (DECEMBER 2, 2010) SUPPORTED**

### **OTHER MENTAL HEALTH INITIATED ACTION ITEMS IN 2010**

**APPROVAL FOR ACTIVATING THE CRITICAL INCIDENTS COMMITTEE (FEBRUARY 4, 2010) APPROVED**

**APPROVAL OF MENTAL HEALTH BOARD BUDGET PRIORITIES (MARCH 4, 2010) APPROVED**

**MENTAL HEALTH BOARD APPROVAL OF ANNUAL LETTER TO THE BOARD OF SUPERVISORS ON THE BUDGET (JUNE 3, 2010) APPROVED**

**MENTAL HEALTH BOARD REPORT TO CALIFORNIA MENTAL HEALTH PLANNING COUNCIL (JULY 1, 2010) APPROVED**



# **LOOKING FORWARD: MENTAL HEALTH BOARD GOALS FOR 2011**

**CRITICAL INCIDENTS WORK TO CONTINUE**

**CONTINUE FOCUS ON CUSTOMER SERVICE/SATISFACTION – SYSTEM IMPROVEMENT**

**MHB MEMBERS TO DO MORE SITE VISITS**

**CONTINUE STIGMA FOCUS**

- **SUICIDE PREVENTION**
- **BULLYING RELATED TO PERCEIVED DIFFERENCES, FOR EXAMPLE, SEXUAL ORIENTATION**

**AGGRESSIVELY SUPPORT BUILDING BETTER HEALTH – HHS HEALTH STRATEGY AGENDA**

**CONTINUE FOCUS ON HOMELESS ISSUES**

- **SUPPORTIVE HOUSING**
- **EMPLOYMENT OPPORTUNITIES**

**FOCUS ON CO-OCCURRING DISORDERS ISSUES**

**FOCUS ON LONG TERM CARE CONTINUUM AND GAPS**

- **HOSPITAL DISCHARGE ISSUES**

**ACHIEVE A FULLY SEATED MENTAL HEALTH BOARD**

**UTILIZE AN EVALUATION FRAMEWORK TO GUIDE ECONOMIC REALITY PLANNING**

**SUPPORT INCREASED PUBLIC ASSISTANCE ELIGIBILITY FOR CLIENTS' FINANCIAL STABILITY**

**FOCUS ON REDUCING DISPARITIES**