
Assertive Community Treatment (ACT) and Intensive Case Mgt. Programs

County-operated and contracted intensive case management programs and Assertive Community Treatment (ACT) Teams serve individuals with very severe psychiatric disabilities.

Interventions are provided on a frequent and in-depth basis and require the development of natural community supports and innovative techniques to promote improved functioning, better quality of life, and community integration.

*Referrals to the first three listed programs are not open to the community:

***Telecare ACT/Pathway to Recovery (619) 683-3100**

Serves adults with history of having spent extensive time at a locked long-term care facility.

***Telecare Transition Team (619) 683-3100**

Provides short-term transition services to Medi-Cal-eligible adults in acute psychiatric hospitals who are being discharged into the community.

***Telecare ACT/Gateway to Recovery (619) 683-3100**

Serves adults with repeat and lengthy psychiatric admissions to Medi-Cal hospitals and/or long stays in institutions.

CRF IMPACT (an ACT Team) (619) 398-0355

Serves adults age 25-59 in Central and North Central Region who have been homeless.

MHS, Inc. North STAR (an ACT Team) (760) 432-9884

Serves adults age 25-59 in North County who have been homeless.

MHS, Inc. Center STAR (an ACT Team) (619) 521-1743

Serves adults age 25-59 who have had justice system involvement in the past year.

CRF Downtown IMPACT (an ACT Team) (619) 398-2156

Serves adults in the downtown Central Region who have been homeless.

PCS Catalyst (an ACT Team) (858) 300-0460

Serves transition-age youth age 16-25.

CRF Senior IMPACT (an ACT Team) (619) 977-3716

Serves older adults age 60+.

County of San Diego

Mental Health Case Management and ACT Services

Where Quality Care Comes First



**County of San Diego
Behavioral Health Division
Adult and Older Adult
Mental Health Services**

MENTAL HEALTH CASE MANAGEMENT SERVICES

Case management services in San Diego County are designed to provide continuity of care within the mental health system. Services are delivered through a variety of programs to adults living with serious psychiatric disabilities who meet eligibility criteria and are indigent or have Medi-Cal. Persons with co-occurring substance use issues are welcome at all case management programs.

Case managers provide psychosocial rehabilitation intervention and resource management in order to assist individuals to obtain optimum independence.

Assessment and evaluation of the person's functioning and needs is completed in order to assist the person to identify his or her service needs. This service plan might include assistance with psychiatric treatment, help with housing, counseling, crisis management, life skills training, advocacy, and linkage and referral with other services such as physical health care, benefits, employment, and education.

Services are provided, on both a voluntary and involuntary basis, ensuring that psychiatric treatment needs, as well as food, clothing, shelter, and medical care needs, are met. Involuntary clients are referred from the Public Conservator, and the case manager works closely with the Public Conservator's office.

Case management services are dedicated to the philosophy of psychosocial rehabilitation. Case managers are trained to value individual choice, to focus on a person's strengths and abilities, and are committed to and provide hope for each person's recovery.

Office of the Public Conservator (619) 767-5019

This office investigates and processes petitions for court-ordered psychiatric evaluations, investigates referrals for conservatorship under the LPS (Lanterman-Petris-Short) Act, and serves as the temporary conservator and the Public Conservator for persons found by the Superior Court to be unable to provide for their own food, clothing, or shelter as a result of a mental disorder.

As the temporary conservator, the court clinician provides case management services. When the Public Conservator is named as the permanent conservator, the individual is assigned to the appropriate case management program.

The Office of the Public Conservator petitions the court to establish and re-establish conservatorships, authorizes psychiatric treatment and medical treatment as appropriate, ensures that conservatees' basic needs are met, and provides consultation and referral to the San Diego community.

County-Operated Strengths-Based Case Management Services (age 18-59):

Case Management—Morena (619) 692-8715

(Serving primarily Central and
North Central Regions)
1250 Morena Blvd., 2nd Floor
San Diego, CA 92110

Case Management—East Region (619) 401-5424

1000 Broadway, El Cajon, CA 92021

*Please make inquiries and referrals regarding
Case Management to the relevant program's
address or phone number.*

Strengths-Based Case Management Services are provided through private programs contracted with the County.

These include:

MHS, Inc. North Case Management (760) 423-9884

474 W Vermont Ave #104, Escondido, CA 92083
This program provides services to persons age
18-59 living in North County who have serious
psychiatric disabilities.

MHS, Inc.

North County Transition-Age Youth (760) 758-1092

Offering semi-intensive Case Management to
persons 18-24:
550 West Vista Way, Ste 407, Vista, CA 92083

CRF South Region Case Management

These programs provide services to persons age
18-59 living in South Region who have serious
psychiatric disabilities.

For northern part of South Region: (619) 427-4661

South Bay Guidance Wellness & Recovery Ctr
835 3rd Avenue, Suite C
Chula Vista, CA 91911

For southern part of South Region: (619) 428-1000

Maria Sardiñas Wellness & Recovery Center
1465 30th Street, Suite L
San Diego, CA 92154

Telecare AgeWise Older Adult Case Management (619) 428-5200

This program provides Strengths-Based Case
Management services to people age 60 and older
who have serious psychiatric disabilities.