Children, Youth and Families (CYF) Behavioral Health Services

Provider Resource Manual

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San Diego County Health and Human Services Agency

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Introduction

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The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

Access and Eligibility for Services

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the Medi-Cal beneficiaries and low income up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations. Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However clients have the option to choose or use a family member or a friend as an interpreter. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.
Fees and Funding
Behavioral health services provided through the County of San Diego are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees, private insurers, County general funds, State funds, and specialized grants. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. No person who otherwise qualifies for services will be turned away due to lack of funds.

Organizational Providers
Serve children/youth with complex needs through a multidisciplinary team.

Health Plans
Serve children/youth with mild to moderate needs. CYFBHS has integrated Mental Health Services (MHS) and Alcohol and Drug Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women’s programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care (CCISC) for co-occurring disorders.

Fee For Service (FFS) Providers
Service children/youth with complex needs through individual providers.

Care 1st Health Plan (855) 321-2111
Community Health Group (800) 404-3332
Health Net (888) 426-0030
Kaiser Permanente (877) 496-0450
Molina Healthcare (888) 665-4621

Live Well San Diego
CYFBHS supports the Live Well San Diego vision of Building Better Health, Living Safely, and Thriving. Live Well San Diego, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of partners inside and outside County government to help all residents be healthy, safe, and thriving. Building Better Health focuses on improving the health of residents and supporting healthy choices. Living Safely seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. Thriving focuses on promoting a region in which residents can enjoy the highest quality of life.

San Diego Network of Care
The Network of Care website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

http://sandiego.networkofcare.org
2-1-1 San Diego
2-1-1 San Diego is a free, 24 hour, confidential phone service available in 200+ languages and searchable online database. 2-1-1 is a trusted, local, nonprofit organization with connection to more than 6,000 community, health, disaster services, and much more. The Enrollment Services team helps identify, screen, and help people apply over the phone for benefit programs including CalFresh, Medi-Cal, and Covered California. 2-1-1 is partnered with the First 5 Commission of San Diego to support an information and referral system that serves the needs of families with children under 6 years of age as well as pregnant women. 2-1-1 can link families eligible for pregnancy-related Medi-Cal to care and work to assure pregnant women obtain early and continuous prenatal care and other services they need. The goals for this program include: healthy mothers have healthy babies, linking pregnant women to available health care services and assuring pregnant women receive early and continuous prenatal care.

http://www.211sandiego.org

This manual is maintained by BHS CYF administration and updated by Yvonne Gage of BHS CYF. If you have any revisions, edits, and or comments, please call 619-584-3016 or e-mail at: Yvonne.Gage@sdcounty.ca.gov
Children, Youth and Families Behavioral Health Services

Mission and Vision Statement

Mission

The purpose of the System of Care Council is to ensure that all agencies serving San Diego county youth from age 0 through age 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles.

Vision

San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.
**Definitions**

**Advocacy and Support Services**
Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and behavioral health professionals.

**Child Welfare Service (CWS)**
Child Welfare Services (CWS) and Behavioral Health Services (BHS) jointly administer the Pathways to Well Being program along with many other shared planning efforts. Behavioral Health Services and CWS coordinate services to ensure that dependent youth who have behavioral health needs receive services from a wide range of services and support within the Children’s System of Care.

**Continuum of Care Reform (CCR) AB 403**
The Continuum of Care Reform is a series of existing and new reforms to Child Welfare Services (CWS) and Probation. The principles of CCR are built around the right of all children to permanency in a family environment, access to a Child and Family Team that includes all collaborative service providers and natural supports, availability to appropriate mental health services regardless of placement, and the transition of residential group home placements to Short-Term Residential Therapeutic Programs (STRTP), which will provide short-term, intensive treatment interventions and are designed to quickly transition children back to a permanent family. Implementation efforts for CCR will occur in stages between now and 2021.

**Crisis Services**
24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

**Day Treatment Programs**
Day Treatment Programs provide an intensive treatment program that offers individual, family and group services in a therapeutic milieu. Services include medication management and monitoring, crisis intervention, case management and rehabilitation services. Some Day programs are co-located in a residential treatment program while some are community based. Access to residential day programs is through the Probation, Child Welfare Services or school district.

**Family and Youth Partners**
Family and Youth Partners is an overarching term for an individual with experience as a child or youth or parent/caregiver of a child/youth who is or has received services from a public agency serving children and families. Youth & Family Partner roles may include, but are not limited to Administration, Advocacy/Community Engagement, Training and Supervision, Support Partners (direct service), Peer to Peer, and Outcomes and Evaluation activities.
Fee for Service (FFS) Network
Services for Medi-Cal beneficiaries access through Optum Health/Access and Crisis Line.

Full Service Partnership (FSP)
Full Service Partnership (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do "whatever it takes," to help children, youth and their families achieve self-defined goals toward resilience and wellness.

Inpatient Psychiatric Hospitals
Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Intensive Case Management
Intensive Case Management are community-based services that emphasize the strengths of the children, youth and family and includes the delivery of coordinated, individualized services to address needs and achieve positive outcomes. Providers engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team which includes community and natural supports.

Juvenile, Forensic Assistance for Stabilization and Treatment (JFAST)
JFAST of Juvenile Offenders is a Mental Health Court Calendar, comprised of partners from the Juvenile Forensics STAT Team, Probation, the Juvenile Court, Primary Public Defender, District Attorney, Vista Hill Juvenile Court Clinic, Wraparound providers and other mental health professionals and community representatives. Youth referred to the program are screened by Probation and a behavioral health assessment is completed by the BHS STAT Team. When youth is accepted into the JFAST Program a case plan is developed that is formalized at a hearing that identifies the conditions and terms of probation. Clients receive individualized treatment services which can include individual and family therapy, wraparound services, substance abuse counseling and case management services.

Juvenile Forensic Services
Juvenile Forensic Services provides mental health services to youth in the San Diego County Probation institutions and youth transitioning from detention back into the community. Referrals for services are made by the Juvenile Court, the Probation Department, other juvenile justice system providers, and community providers.

Outpatient Services
Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management to children/youth with a high level of need. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service most programs schedule an assessment appointment to see a clinician as needed. Outpatient services provide services for Medi-Cal children/youth and indigent youth who meet criteria for specialty mental health services. The Medical Health Plans serve children/youth with mild to moderate level of need.
Prevention and Early Intervention (PEI)
Prevention programs bring mental health awareness into the lives of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, and community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

Probation
The Probation Department and Behavioral Health Services coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children’s System of Care. These services range from behavioral health services at Juvenile Hall, and the Camps to community based treatment such as Breaking Cycles, Juvenile Court Clinic and Juvenile Drug Court Services.

Residential Day/Outpatient Programs
Residential Level 12 and 14 programs offer day treatment and outpatient services for children and youth who are placed in a residential treatment facility. Access to these programs is through Child Welfare Services or through Probation and the Juvenile Court involvement.

School Based Services
Outpatient and day services provided at over 400 school sites throughout the County.

Teen Recovery Centers (TRC) Day Treatment/Outpatient Program
Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention. TRC’s have school satellites at selected school grounds to facilitate access to resources.

Therapeutic Behavioral Services (TBS)
Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service in the home school or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

Transition Age Youth (TAY)
Youth ages 16 up to 21 years. TAY youth may be served in the Children, Youth and Families System of Care (CYFSOC), TAY specific programs or for those TAY age 18 and older that are seriously mentally ill, may be served in the Adult/Older Adult SOC.
Women’s Perinatal Substance Use Disorder (SUD) Services
The County of San Diego has a Perinatal System of Care that provides a wide array of Sub stance Use Disorder (SUD) treatment services to all women. Perinatal SUD services are designed specifically to meet the needs of pregnant and/or parenting women and teens. Pregnant women have priority admission to recovery and treatment programs. The perinatal programs provide a welcoming and safe environment, gender specific curriculum, with individualized trauma informed care, that focuses on the needs of mothers working towards recovery.

Perinatal SUD treatment is available throughout the county and includes: long term residential treatment for women and their children, Spanish-speaking staff, perinatal detoxification, outpatient programs for women and teens, and intensive mobile perinatal case management services to high risk pregnant women or teens. The perinatal SUD treatment programs support the needs of mothers through, parenting classes, child therapy, life skills, healthy relationships, recovery groups, classes for improving self-esteem, education, transportation and free onsite childcare. All services are provided on a sliding fee scale. Treatment fees may be waived for Medi-Cal recipients.
Advocacy and Support Services

Breaking Down Barriers
(619) 543-0412
4069 30th Street
San Diego, CA 92104

Hours: M-F 9 am - 5 pm
Population: Children and Adults
Service: Mental health education, outreach, community linkage and collaboration
Specialty Populations: Unserved and underserved diverse cultural groups
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Adrienne Yancey

Consumer Center for Health Education and Advocacy (CCHEA)
(877) 734-3258
1764 San Diego Avenue, Suite 200
San Diego, CA 92110

Hours: M-F 9 am – 5 pm
Population: Children and Adults
Service: Assistance with accessing health services and benefits. Handles outpatient care complaints and grievances to ensure that mandated rights are protected.
Parent Organization: The Legal Aid Society
County of San Diego Program Monitor: Steve Jones

Deaf Community Services
(619) 398-2441
1545 Hotel Circle South, Suite 300
San Diego, CA 92108

Hours: M-F 8:30 am - 5 pm
Population: Children, Youth, Transitional Age Youth, Adults, Older Adults and their families
Service: Sign language interpretation for all behavioral health and case management services
Specialty Populations: Unserved, underserved deaf or hard of hearing individuals of all ages
Parent Organization: Deaf Community Services of San Diego
County of San Diego Program Monitor: Cara Evans-Murray

Family and Youth Liaison
(858) 634-6580
Peer & Family Support Helpline (800) 523-5933
5095 Murphy Canyon Road, Suite 320
San Diego, CA 92123

Population: Children, Youth and Families
Service: Coordinates and advances family youth professional partnership in Children, Youth and Families Behavioral Health Services
Parent Organization: National Alliance on Mental Illness (NAMI) San Diego
County of San Diego Program Monitor: Rebecca Raymond
Family/Youth Partner Program
(858) 684-3080
5275 Market Street Suite E
San Diego, CA 92114

Hours: M-F 9 am – 4:30 pm and by appointment
Population: Parents and clients and TAY youth in Southeast San Diego
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services
Parent Organization: Harmonium, Inc.
County of San Diego Program Monitor: Wendy Maramba

Interpreters Unlimited
(800) 726-9891 or (858) 866-0500
10650 Treena Street, Suite 308
San Diego, CA 92121

Hours: M-F 7 am – 5 pm
Population: Children, Youth, Transitional Age Youth, Adults, Older Adults and their families
Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English
Parent Organization: Interpreters Unlimited
County of San Diego Program Monitor: Stephanie Wells

Patient Advocacy Program
(Inpatient/Residential Setting)
(619) 282-1134
(800) 479-2233
8804 Balboa Avenue
San Diego, CA 92123

Hours: 7 days/24 hours
Population: Children and Adults
Service: Patient advocacy and protection of patient's rights when in a 24 hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Steve Jones
Pathways to Well-Being
Behavioral Health Services (BHS)
3255 Camino del Rio South
San Diego, CA 92108
(619) 563-2723

Hours: M-F 8 am – 5 pm
Population: Children, Youth and Families
Service: Intensive Care Coordination (ICC) and Intensive Home-Based Services (IHBS) are provided to youth who have an identified mental health need, who meet medical necessity and who have full scope Medi-cal. At the State and County levels both the child welfare systems and behavioral health systems are committed to working together to improve the safety, well-being, and permanency of child welfare children/youth. Pathways to Well-Being (PWB) services are needs driven, strengths-based, child/youth/TAY and family focused, individualized, culturally competent, trauma informed, are to be delivered in a well-coordinated, comprehensive, community-based approach with strong engagement and participation of the child/youth/TAY and family in order to facilitate the reunification of the family if appropriate. BHS PWB provides recommendations to BHS organizational providers to complete full assessments and treatment.

Specialty Populations: Child Welfare Services
Parent Organization: County of San Diego, Health and Human Services Agency
County of San Diego Program Monitor: Amanda Lance-Sexton

SSI Advocacy Services
(844) 774-5463, TTY (877) 734-2929
110 South Euclid
San Diego, CA 92114

Hours: M-F 9 am – 5 pm
Service: Provides SSI Advocacy Services for consumers of the following programs: General Relief, Board and Care Payment Program and for Mental Health Clubhouses
Parent Organization: Legal Aid Society of San Diego
County of San Diego Program Monitor: Vincent Chau
Crisis Services

Access and Crisis Line
1 (888) 724-7240
TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: M-F 4 pm – 10 pm
Live Chat Services: www.up2sd.org or www.optumsandiego.com
Hours: M-F 4pm-10pm
Population: Children, Adolescents, Transition Age Youth, Adults, Older Adults and their families
Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referrals
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Tabatha Lang

Emergency Medication Clinic
(619) 397-6900
730 Medical Center Court
Chula Vista, CA 91911

Hours: M/W/F 9 am – 12 pm (By appointment only)
Population: Children, Youth and Families with emergency/crisis medication refill needs up to age 18.
Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.
Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond

Emergency Screening Unit (ESU)
(619) 421-6900
730 Medical Center Court
Chula Vista, CA 91911

Hours: 7 days/24 hours
Population: Children and Youth up to age 18
Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization
Specialty Populations: Psychiatric emergencies
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond
Medication Support for
Polinsky Children’s Center Residents
(858) 874-1082
9400 Ruffin Road
San Diego, CA 92123

Hours: 7 days/24 hours
Population: Children and Youth residing at Polinsky Children’s Center who have been prescribed psychotropic medications
Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children’s Center
Specialty Populations: Children/Youth residing in Polinsky Children’s Center
Parent Organization: Rady Children’s Hospital
County of San Diego Program Monitor: Rebecca Raymond

North County Crisis, Intervention and Response Team
(760) 233-0133
225 West Valley Parkway, Suite 100
Escondido, CA 92025
(760) 305-8225
1020 S. Santa Fe Ave., Ste. B
Vista, CA 92084

Hours: M-F 12 pm - 8 pm, Sat. 12 pm - 5 pm
Population: Children and Youth, up to age 18
Service: Walk-in and mobile assessment which provide urgent mental health and crisis intervention services including emergency psychiatric evaluations
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond

Psychiatric Emergency Response Team (PERT)

Contact 911 for emergencies

Population: Services are provided to individuals with a behavioral health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment. Services include special attention to special needs of Transitional Age Youth (TAY) and Older Adult populations in the underserved communities, and to the Veteran population.

Service: PERT contributes to the well-being of individuals experiencing a mental health crisis who have come in contact with law enforcement, with the goal of more humane and effective handling of incidents involving law enforcement officers and individuals with mental illness, developmental disabilities and/or substance use disorders.

Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Betsy Knight
Inpatient Psychiatric Hospitals

Aurora Behavioral Health Care/San Diego
(858) 487-4200
11878 Avenue of Industry
San Diego, CA 92128

Hours: 7 days/24 hours
Population: Children and Youth up to age 18
Service: FFS and Acute psychiatric inpatient services- back up beds for indigenous parents. Medi-Cal only.
Parent Organization: Signature Healthcare
County of San Diego Program Monitor: Rebecca Raymond/Anna Palid

Child and Adolescent Psychiatry Service (CAPS)
(858) 576-1700
8001 Frost Street
San Diego, CA 92123

Hours: 7 days/24 hours
Population: Children and Youth up to age 18
Service: Acute psychiatric inpatient contracts for Medi-Cal and indigenous children/youth
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Rebecca Raymond

Sharp Mesa Vista Hospital
(858) 836-8434
7850 Vista Hill Avenue
San Diego, CA 92123

Hours: 7 days/24 hours
Population: Children and Youth age 6 up to age 18
Parent Organization: Sharp Mesa Vista Hospital
Residential Program Support

Casa de Amparo
(760) 754-5510
4070 Mission Avenue
Oceanside, CA 92057
Hours: M-F 9 am - 7 pm (Outpatient services M-Su as needed)
Population: Children and Youth ages 6 to 18 placed at Casa de Amparo Level 12
Service: Full Day Rehabilitation program
Specialty Populations: Juvenile Court dependents
Parent Organization: Casa de Amparo
County of San Diego Program Monitor: Amanda Lance-Sexton

Children’s Residential Treatment, Level 12 & 14
(858) 277-9550
3004 & 3002 Armstrong Street
San Diego, CA 92111
Hours: M-F 8 am - 6 pm
Population: Children and Youth ages 6 to 13 placed at Level 12 & 14 Residential Treatment Center
Service: Full Day Rehabilitation program
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Clark Adolescent Treatment Center
(858) 277-9550
3003 Armstrong Street
San Diego, CA 92111
Hours: M-F 2:30 pm - 8 pm (Evening and weekend hours available as needed)
Population: Children and Youth ages 13 to 18 who reside in Clark Residential Treatment Center.
Service: Full Day Rehabilitation Program enhanced with a TAY life skills training program; co-occurring disorders service capability
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Dual Diagnosis Services
(619) 797-1090
3845 Spring Drive
Spring Valley, CA 91977
Hours: M-F 8 am - 4:30 pm
Population: Youth ages 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch level residential facility
Service: Full Day Rehabilitation and outpatient services
Specialty Populations: Emotionally disturbed youth with developmental disability
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Amanda Lance-Sexton
New Alternatives South Campus
(619) 397-6901
730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 2:30 - 7:30 pm
Population: Children and Youth ages 12 to 18 who reside in NA South Campus residential facility
Service: Full Day Rehabilitation
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Amanda Lance-Sexton

Phoenix House Academy
(888) 671-9392

Hours: M-F 8 am - 5 pm
Population: Adolescents, age 12 to 17 who have a primary substance use disorder
Service: Substance Use Disorder Residential Services for Adolescents County-Wide
Parent Organization: Phoenix House of San Diego, Inc.
County of San Diego Program Monitor: Mike Miller

Polinsky Outpatient Behavioral Health Program
(858) 514-4625
9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 3 pm - 8 pm
Population: Dependent Children and Youth detained in shelter care at Polinsky Children’s Center
Service: Outpatient Services and transitional services
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children’s Center
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

San Pasqual Academy
(760) 233-6005
17701 San Pasqual Valley Road
Escondido, CA 92025

Hours: M-F 8 am - 5 pm
Population: Children and Youth ages 12-18 referred by Child Welfare Services who reside in San Pasqual Academy (SPA)
Service: Full Day Rehabilitation program and Outpatient Services
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Amanda Lance-Sexton
Stabilization Treatment and Transition (STAT) Team
(858) 694-4680
2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 7 am -10 pm; Sat 8 am - 7 pm
Population: Children and Youth up to age 21 detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF) and Camp Barrett
Service: Crisis intervention, counseling, medical evaluations, brief assessment, consultation, transitional mental health services and community stabilization
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
County of San Diego Program Monitor: Fran Cooper

Substance Use Disorders (SUD) Group Homes
(619) 442-0277 x121
Spring Valley, CA 91978
Lemon Grove, CA 91945
Ramona, CA 92065

Hours: 7 days/24 hours
Population: Adolescents, age 12 to 17 who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages
Service: Provide 24-hour adolescent short term residential Substance Use Disorder (SUD) treatment/recovery and ancillary services to the community. SUD residential adolescent services shall be designed to engage the community’s racial, ethnic and economic populations. Mental health services also provided on site.
Parent Organization: McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Shannon Jackson
Day Treatment Programs

Breaking Cycles
(858) 492-2300
7798 Starling Drive
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Children and Youth ages 12 to 18 years
Service: Provide trauma informed case management, alcohol and other drug intervention, and recovery services to youth and their families participating in the Breaking Cycles Graduated Sanctions Program. Also provides screening, groups and community referrals for the identification, prevention and intervention of Commercially Sexually Exploited Children (CSEC) at Kearny Mesa Juvenile Hall and Girls Rehabilitative Facility.

Specialty Populations: Juvenile Court Wards, Mental Health Court for Adolescents
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Fran Cooper

Cajon Valley School Project
(619) 588-3653
3845 Avocado School Road
El Cajon, CA 91941

Hours: M-F 8 am – 4 pm (evening appointments available upon request)
Population: Children and Youth in grades K–8 with Medi-Cal for children in the Cajon Valley Union School District
Service: Dull Day Rehabilitation and Outpatient Services
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Eileen Quinn-O’Malley

Dual Diagnosis Services
(858) 492-2340
7798 Starling Drive, Suite 314
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Children and Youth up to 18 years
Service: The Dual Diagnosis program provides services for youth involved with the San Diego Juvenile Probation Department who are in need of mental health and substance abuse services. The program uses a multi-disciplinary integrated approach. Paraprofessionals provide evidenced based psycho educational groups and rehabilitation supportive services at seven juvenile probation sites. The groups are facilitated based on evidenced based curricula including Aggression Replacement Therapy (ART), Clinical Conduct and Substance Abuse (CCSA), Character Counts, Social Tolerance, Safe Dates and Life Skills.

Specialty Populations: Juvenile Court Wards
Parent Organization: Social Advocates for Youth, Inc.
County of San Diego Program Monitor: Fran Cooper
**Marcy Day Program**  
(619) 525-7372  
2716 Marcy Avenue  
San Diego, CA 92113

Hours: M-F 7:30 am - 4 pm  
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District  
Service: Full Day Rehabilitation program and transitional services  
Specialty Populations: San Diego Unified School District students  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Amanda Lance-Sexton

**Merit Academy Adolescent Day Treatment Center**  
(619) 448-1162  
1600 N. Cuyamaca Street  
El Cajon, CA 92020

Hours: M-F 7:30 am - 4:30 pm; T and Th until 7:00 p.m.  
Population: Youth in grades 9-12 with Medi-Cal referred by Grossmont Union High School District  
Service: Full Day Rehabilitation program  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Eileen Quinn-O’Malley

**New Dawn Day Program**  
(858) 496-1655  
5650 Mt. Ackerly Drive  
San Diego, CA 92111

Hours: M-F 8 am - 4:30 pm; (T and Th late appointments possible)  
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District  
Service: Full Day rehabilitation program and transitional services  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Eileen Quinn-O’Malley

**Reflections**  
(619) 668-0363  
8376 Hercules Street  
La Mesa, CA 91942

Hours: M-Th 8 am – 4:30 pm; F 8 am – 4 pm  
Population: Children and Youth up to 18 years referred by the Juvenile Court for intensive behavioral health day rehabilitation services.  
Service: Day Rehabilitation. Provides family-based services to adolescents and their families. Program offers a competency-based school program, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services  
Specialty Populations: Juvenile Court Wards  
Parent Organization: County of San Diego  
County of San Diego Program Co-Monitor: Fran Cooper
Sexual Treatment Education Program and Services (STEPS)
(858) 565-2510
4660 Viewridge Avenue
San Diego, CA 92123
Hours: M-F 8 am - 4 pm
Population: Children and Youth with sexually abusive behavior problems
Service: Full Day Treatment Intensive (males), Outpatient aftercare services, and Outpatient (males and females, age 6-18)
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Shannon Jackson

Unified Day Treatment
(858) 292-9523
5650 Mt. Ackerly Drive
San Diego, CA 92111
Hours: M-F 8 am – 5 pm
Population: Medi-Cal eligible Children and Youth grades K-8 referred through San Diego Unified School District
Service: Full Day Rehabilitation program
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Eileen Quinn-O’Malley
Wraparound/Intensive Case Management
Families Forward Wraparound
(858) 380-4676
9445 Farnham Street, Suite 100
San Diego, CA 92123

Hours: M-F 8 am – 5 pm (office hours / 24 hours availability)
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principles. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Amanda Lance Sexton

Wraparound
(619) 281-3706
3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8 am – 5 pm (office hours / 24 hour availability)
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Amanda Lance-Sexton

WrapWorks
(858) 633-4100
3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:30 am – 5 pm (Evenings by appointment)
Population: Seriously Emotionally Disturbed Children and Youth ages 5 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Amanda Lance-Sexton

Satellite locations:
235 W. 5th Avenue, Suite 130
San Marcos, CA 92069
123 Worthington Street, Suite 201
Spring Valley, CA 91977
Therapeutic Behavioral Services

Therapeutic Behavioral Services (TBS)

(619) 615-0701
Fax (619) 615-0897
2535 Kettner Blvd. 1A4
San Diego, CA 92110

Hours: M-F 8 am – 5 pm (coaching hours per need)
Population: Medi-Cal Children and Youth up to 21 and families
Service: One on one behavioral, in home coaching services, case management, by referral
Specialty Populations: Transition Age Youth, Preschool aged children
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Mike Miller
Outpatient Services
Fee For Service (FFS) Network

Treatment & Evaluation Resource Management (TERM)
(877) 824-8376
Fax: (619) 641-6779
3111 Camino del Rio North, Suite 500
San Diego, CA 92108

Hours: M-F 8:30 am – 5 pm
Population: Child Welfare Services (CWS), Juvenile Probation
Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers
Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Tabatha Lang/Fran Cooper (CYF Liaison)
Outpatient Services
Organizational Providers Network

Advocating, Listening, and Leading the Youth (ALLY)
(619) 585-4228 (619) 267-5115
330 Moss Street 502 Euclid Avenue, Ste. 103
Chula Vista, CA 91911 National City, CA 91950
Hours: M/W 10 am - 7 pm, M-F 8 am – 5 pm
T & F 8:30 am - 5:30 pm
Population: Children and Youth on Medi-Cal up to age 21
Service: Outpatient clinic services, pediatric referrals and school-based services,
individual, group and family therapy. Psychiatric services and medication
management.
Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Rebecca Raymond

Catalyst
(858) 300-0460
7986 Dagget Street
San Diego, CA 92111
Hours: M-F 9 am – 6 pm
Population: Transition Age Youth (TAY) ages 16 to 25 Medi-Cal or indigent who have a
Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and
who may have a co-occurring mental illness and substance abuse disorder
and who have been homeless or are at risk of homelessness, have
transitioned from foster care, may have been in juvenile institutions or
justice system and /or are users of acute inpatient care
Service: Assertive Community Treatment program that includes psychiatric
assessment, medication management, individual supportive therapy,
substance abuse treatment, co-occurring disorders treatment, supportive
housing, basic needs, family psycho-education, supportive employment
development, legal assistance and Full Service Partnership (FSP)
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Cecily Thornton-Stearns

Central School-Based Program
(858) 278-3292
4660 Viewridge Avenue
San Diego, CA 92123
Hours: M-F 7:30 am – 5 pm
Population: Children and Youth up to age 21 - Medi-Cal and uninsured (MHSA eligible)
and must be in San Diego Unified School District. Uninsured (MHSA eligible)
Service: School Based, Individual, family, and group therapy. Case management,
medication evaluation and monitoring, bilingual services and interpreters
available
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Wendy Maramba
Central School-Based Services
(619) 283-9624
4275 El Cajon Blvd., Suite 101
San Diego, CA 92105

Hours: M-F 9 am - 5 pm (weekends/evenings by appointment)
Population: Children and Youth up to age 21
Service: School based outpatient diagnosis and brief treatment services; case
management and rehabilitative services with San Diego Unified School
District
Parent Organization: Social Advocates for Youth
County of San Diego Program Monitor: Wendy Maramba

Chaldean-Middle Eastern Social Services
(619) 631-7400
436 S. Magnolia Avenue Suite #201
El Cajon, CA 92020

Hours: M-F 9 am – 5pm
Population: Medi-Cal and unfunded Children and Youth up to age 21
Service: School based support groups and Outpatient mental health services
Specialty Population: Middle Eastern Refugees
Parent Organization: San Ysidro Health Clinic
County of San Diego Program Monitor: Charity White-Voth/Mike Miller

Child & Adolescent Mental Health Services
(619) 232-6454
1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30 am – 5 pm
Population: Children and Youth up to age 21
Service: School-based counseling services, individual and group counseling, family
counseling, substance abuse counseling, case management, and outreach.
Services provided at designated schools within San Diego Unified School
District
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Childnet – Incredible Years
(760) 741-2660
1002 East Grand Avenue
Escondido, CA 92025
945 Vale Terrace Drive
Vista, CA 92084

Hours: M-F 8:30 – 5 pm; Sat 9 am – 5 pm
Population: Medi-Cal and MHSA eligible, Children ages 0-5 and their families
Service: Assessment, behavioral intervention, teacher intervention at designated
preschools, implementation of Incredible Years Curriculum. Provides
behavioral intervention and preschool teacher training to assist young
children succeed in preschool and the community
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Mike Miller
Community Circle Central/East
(619) 515-2355 (619) 515-2380
2204 National Avenue 3845 Spring Drive
San Diego, CA 92113 Spring Valley, CA 91977

Hours: M-F 8 am – 5 pm
(home visits by appointment) M, T, W 8:00-8:00
Th & F 8:00-5:00

Population: School-based Children and Youth with Medi-Cal and MHSA up to age 21

Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families, psychiatric services and medication management.

Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Mike Miller

Comprehensive Assessment and Stabilization Services (CASS)
(619) 281-3706
3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8 am – 5 pm

Population: Seriously Emotionally Disturbed Children and Youth up to age 21, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care

Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by CWS Social Workers

Specialty Populations: Children who are CWS involved
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

Cornerstone
(619) 640-3266
6244 El Cajon Blvd., Suite 14
San Diego, CA 92115

Hours: 8:30 am – 5 pm day (evening hours available by appointment)

Population: (MHSA and Medi-Cal) unfunded Children and Youth up to age 21

Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management

Specialty Populations: Clinic and school-based, San Diego Unified School District
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Wendy Maramba
Counseling Cove
(619) 525-9903
3427 Fourth Avenue, 4th Floor
San Diego, CA 92103

Hours: M-F 9 am – 6 pm (Weekend and evenings by appointment)

Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12 to 21

Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)

Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Wendy Maramba

Crisis Action & Connection (CAC)
(619) 591-5740
730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 8 am – 6 pm, program hours vary. (24 hour assistance available)

Population: Children and Youth ages 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance. Children and Youth up to age 21 who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity.

Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies

Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender
Juvenile Court Dependents

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Rebecca Raymond

Crossroads Family Center
(619) 441-1907
1679 E. Main Street, Suite 102
El Cajon, CA 92021

Hours: M, Tu, Fri 9 am - 5 pm, Wed 8 am - 8 pm, Th 10 am – 6 pm

Population: Children and Youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible) up to age 21

Service: Provides individual/family/group psychotherapy, psychiatric services, case management, rehabilitative services, intensive care coordination (ICC), Intensive Home Based Services (IHBS), collaterals, substance use/abuse and tobacco services, crisis intervention services, family engagement and school based services to the entire East Region of San Diego. Crossroads is a Full Service Partnership (FSP) program.

Specialty Populations: Transition Age Youth Outreach to rural East County area

Parent Organization: Community Research Foundation

County of San Diego Program Monitor: Fran Cooper
Developmental Evaluation Clinic (DEC)
(858) 966-1700
3655 Kearny Villa Road, Suite 405
San Diego, CA 92123

Hours: M-F 8 am – 5 pm
Population: Infants, pre-school and school age children
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs

Specialty Populations: Children under the age of 6
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Rebecca Raymond

Douglas Young Youth and Family Services
(858) 300-8282
7907 Ostrow Street, Suite F
San Diego, CA 92111

Hours: M, T, W 9:30 am – 6 pm; Th 12 – 8 pm; F 9 am – 5 pm
Population: Children and Youth, Healthy Families, Medi-Cal, uninsured (MHSA eligible)
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District

Specialty Populations: Transition Age Youth and Co-Occurring Disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

Early Childhood Mental Health (ECMH) – Incredible Years
(619) 238-0471
3510 Newton Avenue, Building B103
San Diego, CA 92113

Hours: M-F 8 am – 5 pm
Population: SED Children ages birth to five in San Diego Unified School District preschool(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance
Service: School-based mental health services that utilizes the Incredible Years curriculum

Specialty Populations: Latino and Asian Pacific Islander SED children and their families
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba
**East Outpatient Counseling Program**

(619) 668-6200  
7339 El Cajon Blvd. Suite K  
La Mesa, CA 91941

**Hours:** M-F 8 am – 5 pm  
**Population:** Children and Youth who are Medi-Cal eligible and uninsured (MHSA)  
**Service:** School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District  
**Parent Organization:** San Diego Center for Children  
**County of San Diego Program Monitor:** Mike Miller

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**East School-Based Services**

(619) 448-9700  
1870 Cordell Court, Suite 101  
El Cajon, CA 92020

**Hours:** M-F 9 am – 5 pm (Evenings by appointment)  
**Population:** Medi-Cal eligible Children and Youth up to 21 years old  
**Service:** School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts  
**Parent Organization:** San Diego Youth Services  
**County of San Diego Program Monitor:** Mike Miller

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**Fallbrook-Family Counseling**

(760) 731-3235  
120 W Hawthorne Street  
Fallbrook, CA 92028

**Hours:** M-F 8:30 am - 5:30 pm  
**Population:** Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
**Service:** Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District  
**Parent Organization:** Palomar Family Counseling Services  
**County of San Diego Program Monitor:** Mike Miller

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**Family Intensive Treatment-Juvenile Justice**

(619) 334-5636  
2351 Cardinal Lane, Annex B  
San Diego, CA 92123

**Hours:** M-F 8 am – 5 pm (Evening hours available as needed)  
**Population:** San Diego Unified School district students that are SED and have been detained at the Kearny Mesa Juvenile Detention Facility  
**Service:** Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation  
**Specialty Populations:** Adolescent probation wards referred by the Probation Department  
**Parent Organization:** San Diego Unified School District  
**County of San Diego Program Monitor:** Fran Cooper
Foster Family Agency Stabilization & Treatment (FFAST)
(858) 633-4115
8775 Aero Drive, Suite 132
San Diego, CA 92123

Hours: M, W, F 9 am – 5 pm; T & Th 9 am - 6:30 pm (additional evening & weekend hours as needed)

Population: Full Scope Medi-Cal eligible beneficiaries up to 21 years of age who reside in Foster Family Agency homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9

Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehabilitation, case management, collateral support, and medication evaluation/monitoring

Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Amanda Lance-Sexton

Satellite location
145 Vallecitos de Oro, Suite 210
San Marcos, CA 92069

Green Oak Ranch
(760) 598-2803
1237 Green Oak Road
Vista, CA 92083

Hours: M-F 9 am – 8 pm

Population: Children and Youth up to age 18 diverted from Polinsky Center residing in North County

Service: Assessment, case management services

Specialty Populations: Children under the age of 6, Juvenile Court Dependents

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Rebecca Raymond

Incredible Families-ParentCare Center
(619) 668-4200
4990 Williams Avenue
La Mesa, CA 91941

Hours: M-F 8 am – 5 pm (Evening/weekend hours available pursuant to the needs of the clients)

Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS

Service: Provides verified increased outcomes to CWS families in reunification by providing brief mental health services to children, Incredible Years Basic Parenting groups for the adults and also visitation with a family style dinner setting. This is provided in the community throughout the county.

Specialty Populations: Juvenile Court Dependent children through age 11

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila
Juvenile Court Clinic
(858) 571-1964
2851 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:30 am – 5pm
Population: Seriously Emotionally Disturbed Children and Youth that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services
Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Fran Cooper

KidSTART Center EPSDT Clinic
Central-North Central
(858) 576-1700 Ext. 5803
3665 Kearny Villa Road, Suite 501
San Diego, CA 92123

North Coastal
(760) 967-7082
3605 Vista Way, Suite 101
Oceanside, CA 92056

South
(619) 420-5611
1261-D Third Avenue
Chula Vista, CA 91911

Hours: M 8 am – 6 pm, T-F 8 am – 5 pm (Evening and weekend hours as needed)
Population: Medi-Cal eligible children ages birth to 5 years
Service: Outpatient mental health services treatment for children and youth experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center
Specialty Populations: Child Welfare Services children ages 0-5
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Mike Miller

Learning Assistance Centers
(760) 788-9724 (760) 489-4126
1012 Main Street 1029 N. Broadway
Ramona, CA 92065 Escondido, CA 92026

Hours: M-F 8 am - 5:30 pm (Evenings and weekend hours are available)
Population: Children and Youth up to age 21
Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), Warner Springs, Spencer Valley, Escondido Union Elementary School District (elementary and middle school students) and San Pasqual Union
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Mike Miller
Mental Health Resource Center - Central
(858) 573-2227
2351 Cardinal Lane, Annex B
San Diego, CA 92123
Hours: M-F 8 am – 5 pm (Evening hours available by appointment)
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites. Also includes referred elementary and middle school Emotionally Disturbed students.
Service: School based Outpatient Mental Health Services
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotionally Disturbed (SED) Asian and Latino children and youth.
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

Mental Health Resource Center – South
(619) 662-8370
1051 Picador Blvd.,
San Diego, CA 92154
Chula Vista, CA 91911
Hours: M-F 7:30 am – 4 pm; T, Th 4 – 6:30 pm (Evening appointments)
Service: Medi-Cal eligible or uninsured up to age 21. Assessment, individual group and family therapy and psychiatry services.
Specialty Populations:
Parent Organization: Sweetwater Union High School District
County of San Diego Program Monitor: Rebecca Raymond

Mobile Adolescent Services Team (MAST)
(619) 398-3261
1202 Morena Blvd., Suite 300
San Diego, CA 92110
Hours: M-F 9 am – 5 pm (Evening sessions by appointment only)
Population: Children and Youth up to age 21 enrolled in Momentum Learning (San Diego County Office of Education. Must be Medi-Cal eligible or uninsured (MHSA eligible)
Service: MAST provides school based individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services. MAST is a Full Service Partnership Program.
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper
Multi-Cultural Community Counseling (MCC)
(619) 578-2211
5296 University Ave., Ste. F-2
San Diego, CA 92105

Hours: M-F 9 am – 6 pm
Population: Children and Youth 5 years up to age 21 year old Medi-Cal or no insurance
Latino or Asian Pacific Islander population
Service: Full Service Partnership providing outpatient individual, group and family therapy, crisis and community support, psychiatric evaluation and medication management and intensive case management
Parent Organization: Union of Pan Asian Communities (UPAC)
County of San Diego Program Monitor: Wendy Maramba

Nueva Vista Family Services
(619) 585-7686
1161 Bay Blvd., Suite B
Chula Vista, CA 91911

Hours: M & F 9 am – 5 pm; T, W, Th 9 am – 7 pm
Population: Children and Youth, Medi-Cal, Healthy Families, and uninsured (MHSA eligible) up to 21 years of age in the South Bay area of San Diego County. School based services provided for National and Chula Vista Elementary School Districts.
Service: Individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services.
Specialty Populations: Spanish speaking
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper

North Inland/North Coastal - Family Counseling
(760) 741-2660
1002 East Grand Avenue 945 Vale Terrace Drive
Escondido, CA 92025 Vista, CA 92084

Hours: M-F 8:30am – 5pm
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible
Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Mike Miller
North Coastal - Family Counseling
(760) 726-4900
200 Michigan Avenue
Vista, CA 92084
(613) 726-4900
200 Michigan Avenue
Vista, CA 92084
January 2017
Children, Youth and Families Behavioral Health Services Provider Resource Manual

Hours: M-Th 8:30am – 8pm; F 8:30am – 5pm
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: School based, outpatient mental health services, rehabilitation and case management.
Specialty Populations: Oceanside and Vista Unified School District
Parent Organization: North County Lifeline
County of San Diego Program Monitor: Mike Miller

Outpatient Psychiatry
Central Clinic
(858) 966-5832
3665 Kearny Villa Road #101
San Diego, CA 92123
Hours: M-F 8 am – 5 pm, closed 12 pm – 1pm (Evenings by appointment)
Population: Children and Youth up to age 21. Medi-Cal, MHSA, and Healthy Families, uninsured
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Wendy Maramba

Para Las Familias Center
(619) 565-2650
1424 30th Street, Suite A
San Diego, CA 92154
Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)
Population: Children and Youth up to age 21, school based and clinic based
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Mike Miller
San Diego Deaf Mental Health Services
(858) 410-1067
707 Broadway, 2nd Floor
San Diego, CA 92101
TDD for Hearing Impaired: (858) 410-1067
Hours: M-F 8:30 am – 5 pm
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders
Parent Organization: San Diego Deaf Mental Health Services
County of San Diego Program Monitor: Cara Evans-Murray

School Based Outpatient
Central/East/South
(858) 966-5832
3665 Kearny Villa Road #101
San Diego, CA 92123
Hours: M-F 8 am – 5 pm (Evenings by appointment: 5 pm – 7 pm)
Population: Children and Youth up to age 21 and uninsured
Service: Clinic and school-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children’s Hospital San Diego
County of San Diego Program Monitor: Rebecca Raymond

South Bay Community Services
(619) 420-3620
430 F Street
Chula Vista, CA 91910
Hours: M-Th 8:30 am - 8:30 pm and F 8:30 am – 6 pm
Population: Children and Youth up to age 21 Medi-Cal eligible children and uninsured
Service: Assessment, individual, group and family therapy services, provided at clinic, school sites and community settings.
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Rebecca Raymond

Survivors of Torture International
(619) 278-2400
P.O. Box 151240
San Diego, CA 92175
Hours: M-F 8:30 am – 5 pm
Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill
Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals
Specialty Populations: Victims of trauma and torture
Parent Organization: Survivors of Torture International
County of San Diego Program Monitor: Betsy Knight
Therapeutic Interventions Designed to Empower Students (TIDES)
(619) 281-8313
4394 30th St
San Diego, CA 92104
Hours: M-F 8:30 am – 5 pm (appointments are also available from 5 pm to 8 pm)
Population: Ages 5 up to age 21; Medi-Cal and MHSA. Referred by school or community
Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits
Specialty Populations: Children and adolescents
Parent Organization: YMCA
County of San Diego Program Monitor: Wendy Maramba

Youth Enhancement Services (YES)
(619) 428-5533
3025 Beyer Blvd. E101
San Diego, CA 92154
Hours: M-F 8 am - 8:00 pm; Sat. 8 am – 2 pm
Population: Children and Youth up to age 21
Service: Assessment, individual, family and group therapy services provided at clinic, school sites and community settings
Specialty Populations: Spanish speaking
Parent Organization: San Ysidro Health Center, Inc.
County of San Diego Program Monitor: Rebecca Raymond
Teen Recovery Centers

Central Teen Recovery Center
(619) 521-5720
3288 El Cajon Blvd, Suite 13
San Diego, CA 92104

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Satellite Programs
ALBA Community School
4041 Oregon St.
San Diego, CA 92104
Hoover High School
4474 El Cajon Blvd.
San Diego, CA 92115

San Diego High School
1405 Park Ave.
San Diego, CA 92101

Central Southeastern Teen Recovery Center
(619) 795-7232
220 South Euclid Avenue, Suite 40
San Diego, CA 92114

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Wendy Maramba

Satellite Programs
Morse High School
6000 Skyline Drive
San Diego, CA 92114
Lincoln High School
4777 Imperial Ave.
San Diego, CA 92113
**East County Teen Recovery Center**
(619) 588-5361
550 Fesler Street, Suite G-1 & G-2
El Cajon, CA 92020

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Mike Miller

Satellite Programs
Chaparral High School
1600 North Cuyamaca St.
El Cajon, CA 92020

Mount Miguel High School
8585 Blossom Lane
Spring Valley, CA 91977

Dale Avenue
4495 Dale Ave., Ste. 110
La Mesa, CA 91941

**New Hope Teen Recovery Center**
(619) 263-1790
1212 South 43rd St., Ste. C
San Diego, CA 92113

Hours: M-F 10 am - 6:30 pm
Population: Pregnant and Parenting Teen Girls age 12-17 years
Service: Adolescent perinatal non-residential Substance Use Disorder treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Adolescents also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Specialty Populations: Pregnant, parenting teens and Latina ages 12 to 17
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila
North Central Teen Recovery Center
(858) 277-4633
7625 Mesa College Drive
San Diego, CA 92111

Population: Adolescents (age 12-17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Wendy Maramba

Satellite Programs
Madison High School Serra High School
4833 Doliva Dr. 5156 Santo Rd.
San Diego, CA 92117 San Diego, CA 92124

University City High School
6949 Genesee Ave.
San Diego, CA 92122

North Coastal Teen Recovery Center
(760) 726-4451
3923 Waring Road, Suite D
Oceanside, CA 92056

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Mike Miller

Satellite Programs
Oceanside High School Vista High School
1 Pirates Cove 1 Panther Way
Oceanside, CA 92054 Vista, CA 92084

Rancho Buena Vista High School
1601 Longhorn Dr.
Vista, CA 92081
North Inland Teen Recovery Center
(760) 744-3672
340 Rancheros Drive, Suite 166
San Marcos, CA 92069

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Mike Miller

Satellite Programs
Montecito High School
720 9th St.
Ramona, CA 92065

South Teen Recovery Center
(619) 691-1045
629 3rd Avenue, Suite C
Chula Vista, CA 91910

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Rebecca Raymond

Satellite Programs
Beyer Blvd., TRC
3065 Beyer Blvd., Ste. B-103
San Diego, CA 92154

County of San Diego

Children, Youth and Families Behavioral Health Services Provider Resource Manual

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Women’s Perinatal Substance Use Disorder (SUD)

Residential

KIVA
(619) 465-7303
2049 Skyline Drive
Lemon Grove, CA 91945

Hours: 24 Hour Residential SUD Detox and Treatment
Population: Women with children up to age 12
Service: Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counseling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson

Family Recovery Center
(760) 439-6702
1100 Sportfisher Drive
Oceanside, CA 92054

Hours: 24 hr residential open M -Th 8 am – 8 pm and F 8 am - 6:30 pm
Population: Pregnant and Parenting Women with children up to age 10
Service: Women’s non-residential Substance Use Disorder (SUD) treatment services- North Coastal Region. Long –term residential program (6-12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counseling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

North County Serenity House – Serenity Center
(760) 747-1015
1341 N. Escondido Blvd
Escondido, CA 92026

Hours: 24 hour residential program
Population: Women and Children
Service: Women’s and perinatal residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counseling, and evidence-based parenting instruction. Children under 12 may reside with their mothers.
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: healthRIGHT 360
County of San Diego Program Monitor: Shannon Jackson
Safe House
(619) 442-0277

Hours: 5 pm – 1 am
Population: Pregnant and perinatal women. Transitional housing for CWS clients that have completed SUD treatment
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson
Outpatient

Family Recovery Center
(760) 439-6702
1100 Sportfisher Drive
Oceanside, CA 92054
Hours: M-Th 8 am – 8 pm; F 8 am - 6:30 pm
Population: Women and Children
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling and Incredible Years parenting classes.
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Shannon Jackson

Harmony West
(858) 384-6284
3645 Ruffin Road, Suite 100
San Diego, CA 92123
Hours: M-F 9 am - 8:30 pm
Population: Women and Children
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant and/or parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

North Inland Women’s & Adolescent Recovery Center
(760) 761-0515
751 Rancheros Road, Suite 5
San Marcos, CA 92069
Hours: M-F 9 am - 5:30 pm
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson
ParentCare – East
(619) 668-4205
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include perinatal case management, assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site licensed child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

ParentCare - Central
(619) 266-0166
4125 Alpha Street
San Diego, CA 92113

Hours: M-F 8 am – 5 pm
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

South Bay Women’s Recovery Center
(619) 336-1226
2414 Hoover Avenue
National City, CA 91950

Hours: M-F 9 am - 5:30 pm
Population: Pregnant and Parenting Women and Teen Girls 15 years and up
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Shannon Jackson
Case Management

Perinatal Case Management & Dependency Drug Court Services
(619) 668-4265
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm (other hours by appointment)

Population: Pregnant & parenting high risk of substance abuse; referrals from public.
As a separate population, Dependency Drug Court parents referrals where substance abuse is a major factor in the children’s removal from parent’s custody. CWS referrals only.

Service: Mobile case management and dependency drug court services

Specialty Populations: Pregnant and parenting women

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila


CalWORKs Mental Health Centers

Central – CRF Step Forward  North Central – CRF Step Forward
(858) 384-7035  (619) 295-6067
8745 Aero Drive, #10750  2772 4th Avenue
San Diego, CA 92123  San Diego, CA 92103

East – CalWORKs Multi Service Center  South - CalWORKS Multi Service Center
(619) 442-5434  (619) 425-5609
330 S Magnolia Avenue, Suite #302  1105 Broadway, Suite #209
El Cajon, CA 92020  Chula Vista, CA 91911

N. Inland – CalWORKs Multi Service Center  N. Coastal – CalWORKS Multi Service Center
(760) 745-0281  (760) 439-4577
474 W Vermont Avenue, #103  1919 Apple Street, Suite A&B
Escondido, CA 92025  Oceanside, CA 92054

Hours: M-F 9 am – 4 pm  Population: Adults  Service: Multi-Service Center for CalWORKs Welfare to Work (WTW) participants; mental health and dual disorders counseling services
Specialty Populations: Active adults on CalWORKs in the WTW program
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

CalWORKs Substance Use Disorder (SUD) Case Management Services
(619) 668-4265
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm  Population: CalWORKs Welfare to Work Adults  Service: CalWORKs SUD case management services and family stabilization
Specialty Populations: Active adults on CalWORKs in the WTW program
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila
Prevention and Early Intervention Services (PEI)

Central Region Community Violence Services
Alliance for Community Empowerment (ACE)
(619) 265-2727
1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30 am – 5 pm
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members or affiliates, or children of incarcerated parents
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Linda Bridgeman-Smith

Kickstart
(619) 481-3790
6160 Mission Gorge Road, Suite 100
San Diego, CA 92120

Hours: M-F 8:30 am – 5 pm (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends) www.kickstartsd.org
Population: Youth 10 to 17 years of age, and Transition Age Youth 18 to 25 years of age
Service: Services for individuals at-risk for developing or experiencing psychosis related to a serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the entire region of San Diego County. First Episode Psychosis (FEP) assessment and treatment services available.
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Cecily Thornton-Stearns
Outreach and Prevention Education  
Indian Health Council/ Dreamweaver Consortium  
(760) 749-1410  
50100 Golsh Road  
Valley Center, CA 92082  

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Native American Health care clinics  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela  

Outreach and Prevention Education  
Southern Indian Health Council/ Dreamweaver Consortium  
(800) 400-1189  
(619) 445-1188  
4058 Willows Road  
Alpine, CA 91901  

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela  

Outreach and Prevention Education  
Sycuan Medical/Dental Center/ Dreamweaver Consortium  
(619) 445-0707  
5442 Sycuan Road  
El Cajon, CA 92019  

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela
Urban Indian Youth Center  
(619) 531-1939  
2560 First Avenue, Suite 103  
San Diego, CA 92103

Hours: M-F 2 pm – 8 pm  
Population: At risk and high risk Urban American Indian and Alaska Native Children and Youth ages 10-22 and their families  
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic  
Specialty Populations: Urban American Indian and Alaska Native children and youth  
Parent Organization: San Diego American Indian Health Center  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Positive Parenting Program  
(858) 637-3378  
8804 Balboa Avenue  
San Diego, CA 92123

Hours: M-Th 8:30 am – 5 pm, F 8:30 am – 4 pm  
Population: Children 0-5 and their families  
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools  
Parent Organization: Jewish Family Service of San Diego  
County of San Diego Program Monitor: Adrienne Yancey
Rural Integrated Behavioral Health
Borrego Community Health Foundation-Julian Medical Clinic
(760) 765-1223
2721 Washington Street
Julian, CA 92036

Neighborhood Healthcare-Pauma Valley
(760) 742-9919
16650 California 76
Pauma Valley, CA 92061

North County Health Services-Ramona
(760) 789-1223
217 Earlham Street
Ramona, CA 92065

Hours: M-F 8 am – 5 pm (After-hour care is available, with a provider on call to assist with patient’s needs)
Population: Children, adolescents, Transition Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic
Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Tim Nou

HERE Now
School-Based Suicide Prevention and Early Intervention Program
(619) 258-6877
3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8 am - 4:30 pm
Population: Children and Youth 7 – 12th grade.
Service: School-based prevention and early Intervention services to middle and high schools in the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Adrienne Yancey
Father 2 Child
Mental Health America
(619) 942-6588
4069 30th Street
San Diego, CA 92104

Hours: M-Th 6 pm – 8 pm
Population: Custodial or non-custodial fathers of children under the age of 18 who reside in the Southeastern San Diego
Service: Best practice parenting model “24/7 Dad” offering group services to fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills
Specialty Populations: Children and Youth ages 0-18
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Adrienne Yancey

School Based Services

Central/N.Central
San Diego Unified School District
(858) 573-2227
North Coastal
Palomar Family Counseling Services
(760) 741-2660

Central Southeastern
San Diego Unified School District
(858) 573-2227
North Inland
Vista Hill Foundation
(760) 788-9725

East
San Diego Youth Services
(619) 258-6877
South Bay
South Bay Community Services
(619) 420-3620

Hours: M-F 8:30 am – 5 pm
Population: School age children and their families in the designated school districts
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts.

County of San Diego Program Monitor: Fran Cooper
Faith Based
(858) 634-6580
5095 Murphy Canyon Road
San Diego, CA 92123

Community Education – Task Order #2

Population: Latino
Service: Community training on Faith Based and Mental Health Programming
Parent Organization: National Alliance of Mental Illness (NAMI) San Diego
County of San Diego Program Monitor: Jean Avila
(619) 825-3930
7373 University Avenue, Suite 201
La Mesa, Ca 91942

Population: Latino and African American
Service: Community training on Faith Based and Mental Health Programming
Parent Organization: Total Deliverance Worship Center – Stepping Higher Project
County of San Diego Program Monitor: Shannon Jackson

Crisis Response – Task Order #3
(619) 825-3930
7373 University Avenue, Suite 201
La Mesa, Ca 91942

Population: Latino and African American
Service: A mobile community based team focusing in the Central and North Inland regions to respond to individual and family crisis situations.
Parent Organization: Total Deliverance Worship Center – Stepping Higher Project
County of San Diego Program Monitor: Shannon Jackson
Outcome Measures Services

Child and Adolescent Research Services (CASRC)
(858) 966-7703
3665 Kearny Villa Road, Suite 200
San Diego, CA 92123

Population: Children and Youth served by County of San Diego, Children, Youth and Families.
Service: Countywide data and outcomes research services on County of San Diego including Innovation programs for all ages.
Parent Organization: Regents of the University of California, University of California, San Diego
County of San Diego Program Monitor: Liz Miles

Health Services Research Center (HSRC)
(858) 622-1771
5440 Morehouse Drive, Suite 3500
San Diego, CA 92121

Population: Adults and older adults with serious mental illness who are served by County of San Diego Adult/Older Adult
Service: Mental Health Services (including Prevention and Early Intervention (PEI) programs)
Parent Organization: Regents of the University of California, University of California, San Diego
County of San Diego Program Monitor: Liz Miles
School Listing for Children’s Behavioral Health Services
(School-Based Outpatient programs)
School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

Alpine Union School District

Provider: Community Research Foundation-Crossroads Family Center
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Alpine Community Day School
Alpine Elementary

Borrego Springs Unified School District

Provider: Vista Hill Foundation-North Inland
Address: 398 D Street, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Borrego Springs Elementary
Borrego Springs Junior High
Borrego Springs High

Cajon Valley Union School District

Provider: Chaldean-Middle Eastern Social Services
Address: 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020
Phone: (619) 428-5533

Schools: Cajon Valley Middle
Emerald Middle
Greenfield Elementary
Johnson Elementary
Lexington Elementary
Cajon Valley Union School District (cont.)

Provider: New Alternatives, Inc.- Cajon Valley School Project  
Address: 165 Roanoke, Rm. 202El Cajon, CA 92021  
Phone: (619) 588-3653

Schools: Anza Elementary
Avocado Elementary
Blossom Valley Elementary
Bostonia Elementary
Cajon Valley Middle
Cajon Valley Home School
Chase Elementary
Crest Elementary
Community Day (DRF)
Emerald STEM Magnet Middle School (DRF)
Flying Hills Elementary
Fuerte Elementary
Greenfield Middle
Hillsdale Middle
Jamacha Elementary
Johnson Elementary
Lexington Elementary
Los Coches Creek Middle
Madison Elementary
Magnolia Elementary
Meridian Elementary
Montgomery Middle
Naranca Elementary
Rancho San Diego Elementary
Rios Elementary (DRF)

Provider: San Diego Youth Services – East Region PEI  
Address: 3845 Spring Dr., Spring Valley, CA 91977  
Phone: (619) 258-6877

Schools: Lexington Elementary
Meridan Elementary

Chula Vista Elementary School District

Provider: Community Research Foundation-Nueva Vista Family Services  
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911  
Phone: (619) 585-7686

Schools: Daly Academy Elementary
Feaster Charter Elementary
Mueller Charter
Chula Vista Elementary School District (cont.)

Provider: South Bay Community Services  
Address: 430 F Street Chula Vista, CA 91910  
Phone: (619) 420-3620

Schools: Castle Park Elementary  
Harborside Elementary  
Lauderbach Elementary  
Loma Verde Elementary  
Montgomery Elementary  
Otay Elementary  
Rice Elementary  
Silver Wing Elementary  
Vista Square Elementary

Provider: South Bay Community Services - PEI  
Address: 430 F Street Chula Vista, CA 91910  
Phone: (619) 420-3620

Schools: Montgomery Elementary

Encinitas Union School District

Provider: Rady Children’s Hospital San Diego Outpatient Psychiatry-North County  
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056  
Phone: (760) 758-1480

Schools: Ocean Knoll Elementary  
Paul Ecke Central Elementary
Escondido Union School District

Provider: Vista Hill Foundation Lincoln Annex-Escondido
Address: 1029 N Broadway, Escondido, CA 92026
Phone: (760) 489-4126

Schools: Bear Valley Middle
Bernardo Elementary
Central Elementary
Conway Elementary
Del Dios Middle
Farr Elementary
Felicita Elementary
Glen View Elementary
Hidden Valley Middle
Juniper Elementary
Lincoln Elementary
L. R. Green Elementary
Miller Elementary
Miller One Program (ED)
Mission Middle
North Broadway Elementary
Oak Hill Elementary
Orange Glen Elementary
Pioneer Elementary
Reidy Creek Elementary
Rincon Middle
Rock Springs Elementary
Rose Elementary

Escondido Union High School District

Provider: Palomar Family Counseling Services-North Inland/North Coastal
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Del Lago Academy
Escondido High
Orange Glen High
San Pasqual High
Valley High
Fallbrook Union Elementary School District

Provider: Palomar Family Counseling Services-Fallbrook  
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028  
Phone: (760) 731-3235  

Schools:  
- Fallbrook Street Elementary  
- La Paloma School  
- Live Oak Elementary  
- Maie Ellis Elementary  
- Potter Junior High  
- Santa Margarita Academy  
- William Frazier Elementary

Fallbrook Union High School District

Provider: Palomar Family Counseling Services-Fallbrook  
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028  
Phone: (760) 731-3235  

Schools:  
- Fallbrook High  
- Ivy High

Grossmont Union High School District

Provider: McAlister Institute – East Teen Recovery Center  
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020  
Phone: (619) 588-5361  

Schools:  
- Chaparral High  
- Mount Miguel High

Provider: Rady Children’s Outpatient Psychiatry- Central/East/South  
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
Phone: (858) 966-5832  

Schools:  
- Granite Hills High

Provider: San Diego Center for Children- East County Outpatient  
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
Phone: (619) 465-5006  

Schools:  
- Grossmont High  
- Helix Charter High  
- Mount Miguel High  
- Steel Canyon High
Grossmont Union High School District (cont.)

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 448-9700

Schools: Chaparral High
        El Cajon Valley High
        El Capitan High
        Monte Vista High

Provider: Vista Hill- Merit Academy
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020
Phone: (619) 956-0615
Schools: Chaparral High

Jamul-Dulzura Union School District

Provider: Community Research Foundation-Crossroads Family Services
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Jamul Intermediate
        Jamul Primary
        Oak Grove Middle

Julian Union School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Julian Elementary
        Julian Middle

Julian Union High School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Julian High
Lakeside Union School District

Provider: San Diego Center for Children- East County Outpatient  
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
Phone: (619) 668-6200

Schools: Lakeside Farms Elementary  
Lakeview Elementary  
Lemon Crest Elementary  
Lindo Park Elementary  
Riverview Elementary  
Winter Gardens Elementary

Provider: San Diego Youth Services-East County Behavioral Health  
Address: 1870 Cordell Court #101, El Cajon, CA 92020  
Phone: (619) 619-448-9700

Schools: Lakeside Middle  
Tierra Del Sol Elementary

La Mesa-Spring Valley School District

Provider: Family Health Centers of San Diego-Community Circle East  
Address: 3845 Spring Drive, Spring Valley, CA 91977  
Phone: (619) 515-2353

Schools: Avondale Elementary  
Bancroft Elementary  
Casa de Oro Elementary  
Highlands Elementary  
Kempton Elementary  
La Presa Elementary  
La Presa Middle  
Loma Elementary  
Quest Academy  
Rancho Elementary  
Spring Valley Middle  
Sweetwater Springs Elementary
La Mesa-Spring Valley School District (cont.)

Provider: San Diego Center for Children - East County Outpatient  
Address: 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941  
Phone: (619) 668-6200  

Schools: Fletcher Hills Elementary  
          Glenn Murdock Elementary  
          La Mesa Dale Elementary  
          La Mesa Middle  
          Lemon Avenue Elementary  
          Maryland Avenue Elementary  
          Murray Manor Elementary  
          Northmont Elementary  
          Parkway Middle  
          Rolando Elementary  

Provider: San Diego Youth Services – East Region PEI  
Address: 3845 Spring Dr., Spring Valley, CA 91977  
Phone: (619) 258-6877  

Schools: Bancroft Elementary  

Lemon Grove School District

Provider: San Diego Center for Children-East County Outpatient  
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
Phone: (619) 668-6200  

Schools: Lemon Grove Academy Elementary  
          Lemon Grove Academy Middle  
          Monterey Heights Elementary  
          Mount Vernon Elementary  
          San Altos Elementary  
          San Miguel Elementary  
          Vista La Mesa Elementary
Mountain Empire Unified School District

Provider: Community Research Foundation-Crossroads Family Services
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Campo Elementary
        Campo High
        Clover Flat Elementary
        Cottonwood Community Day
        Descanso Elementary
        Jacumba Elementary/Middle
        Mountain Empire High
        Pine Valley Charter/Julian Academy
        Pine Valley Elementary
        Potrero Elementary
        Redhawk Academy

National School District

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Central Elementary
        Ira Harbison Elementary
        John Otis Elementary
        Kimball Elementary
        Las Palmas Elementary
        Lincoln Acres Elementary
        Olivewood Elementary
        Palmer Way Elementary

Provider: Paradise Valley ALLY National City Program
Address: 502 Euclid Ave, Suite 103, National City, CA 91950
Phone: (619) 267-5115

Schools: El Toyon Elementary
        Ira Harbison Elementary
        John Otis Elementary
        Kimball Elementary
        Las Palmas Elementary
        Lincoln Acres Elementary
        Olivewood Elementary
        Palmer Way Elementary
        Rancho De La Nacion

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

Schools: Central Elementary
        Lincoln Acres Elementary
Oceanside Unified School District

**Provider:** North County Lifeline, Inc.
**Address:** 707 Oceanside Blvd., Oceanside, CA 92054
**Phone:** (760) 757-0118

**Schools:** Cesar Chavez Middle
Christa McAuliffe Elementary
Ivey Ranch Elementary
Jefferson Middle
Martin Luther King Middle
Ocean Shores High

**Provider:** McAlister Institute – North Coastal Teen Recovery Center
**Address:** 3923 Waring Rd., Ste. D, Oceanside, CA 92111
**Phone:** (760) 726-4451

**School:** Oceanside High

**Provider:** Palomar Family Counseling Services- North Coastal
**Address:** 1002 East Grand Ave., Escondido, CA 92025
**Phone:** (760) 741-2660

**Schools:** Laurel Elementary
Mission Elementary
Oceanside High
Palmquist Elementary
South Oceanside Elementary

**Provider:** Palomar Family Counseling Services – School Age PEI
**Address:** 1002 East Grand Ave., Escondido, CA 92025
**Phone:** (760) 741-2660

**Schools:** E.G. Garrison Elementary
Laurel Elementary
Libby Elementary
Mission Elementary

**Provider:** Rady Children’s Outpatient Psychiatry- North Coastal
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056
**Phone:** (760) 758-1480

**Schools:** Del Rio Elementary
Foussat Elementary
Garrison Elementary
Libby Elementary
Reynolds Elementary
San Luis Rey Elementary
Oceanside Unified School District (cont.)

Provider: Union of Pan Asian Communities (UPAC)
Address: 1031 25th St., San Diego, CA 92102
Phone: (619) 232-6454

Schools: El Camino High
Lincoln Middle

Poway Unified School District

Provider: Rady Children’s Outpatient Psychiatry- North Inland
Address: 625 W Citracado Parkway, Suite 102, Escondido, CA 92025
Phone: (760) 294-9270

Schools: Meadowbrook Middle
Mt. Carmel High

Ramona Unified School District

Provider: Mental Health Systems – Teen Recovery Center
Address: 340 Rancheros Dr., Suite 166, San Marcos, CA 92065
Phone: (760) 744-3672

Schools: Montecito High

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main St., Ramona, CA 92065
Phone: (760) 788-9724

Schools: Barnett Elementary
Hanson Elementary
James Duke Elementary
Mt. Woodson Elementary
Olive Peirce Middle
Ramona Community/Mt. Valley School
Ramona Elementary
Ramona High
San Diego County Office of Education
Momentum Learning

Provider: Community Research Foundation Mobile Adolescent Service Team (MAST)
Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110
Phone: (619) 398-3261

Schools: 37ECB (East)
Bayside Blended Community (Central)
Breaking Cycles A & B (N. Inland)
Career Technical Education Center (Central)
Cuyamaca Prep Blended Community (East)
East County Blended Community (East)
Escondido Blended Community (N. Inland)
Innovation Academy of Empowerment (N. Coastal)
Innovation Blended Academy of Empowerment (N. Coastal)
La Mesa Blended Community (East)
Lindsay Blended Community (Central)
McPhatter Blended Community (Central)
Metro Blended Community (Central)
Metro East Itinerant (Central)
Monarch School (Central)
North County Tech Academy (N.Inland)
North County Technology & Science Blended (N. Inland)
Reflections Central (East)
San Pasqual Academy (N. Inland)
Sara Anthony (Central)
Second Chance Blended Academy (South)
South County Blended Community (South)
Southland Blended Community (Central)
Southland Itinerant (Central)
SouthWest Key2 (Central)
Victoria Blended Community (South)
San Diego Unified School District

Provider: Community Research Foundation-Douglas Young Youth & Family Services
Address: 7907 Ostrow Street, Suite F, San Diego, CA 92111
Phone: (858) 300-8282

Schools: Carver Elementary
         Liz Central Elementary
         Cherokee Point Elementary
         Clairemont High
         Crawford High
         Field Elementary
         Ibarra Elementary
         Innovation Middle
         Juarez Elementary
         Kimbrough Elementary
         Lindbergh/Schwitzer Elementary
         Horace Mann Middle
         Marshall Elementary
         Marston Middle
         Mira Mesa High
         Pershing Middle
         Ross Elementary
         Toler Elementary
         Twain Mesa (at Mira Mesa High)
         Walker Elementary
         Wangenheim Middle

Provider: Community Research Foundation - Mobile Adolescent Service Team (MAST)
Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110
Phone: (619) 398-3261

   E3 Civic School
   Language Academy
   Madison High
   Penn Elementary
   Perry Elementary

Provider: Family Health Centers of San Diego - Community Circle Central
Address: 2204 National Avenue, San Diego, CA 92113
Phone: (619) 515-2355

Schools: Baker Elementary
         Balboa Elementary
         Burbank Elementary
         Cesar Chavez Elementary
         Emerson/Bandini Elementary
         Florence Elementary
         Rodriguez Elementary
         Logan Elementary
         Memorial Preparatory
         Normal Heights Elementary
San Diego Unified School District (cont.)

Provider: McAlister Institute – North Central Teen Recovery Center
Address: 7625B Mesa College Dr., Suite 115, San Diego, CA 92111
Phone: (858) 277-4633

Schools: Serra High
       Madison High
       University City High

Provider: Mental Health Systems- School Based
Address: 4660 Viewridge Avenue, San Diego, CA 92123
Phone: (858) 278-3292

Schools: Audubon K-8
       Carson Elementary
       Challenger Middle
       Farb Middle
       Kearny High
       Linda Vista Elementary
       Mission Bay High
       Montgomery Middle
       Muirlands Middle
       Pacific Beach Middle
       Taft Middle
       Twain Middle

Provider: Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 267-5115

Schools: Zamorano Elementary

Provider: Pathways Community Services
Address: 6244 El Cajon Blvd., Suite 14, San Diego, CA 92115
Phone: (619) 640-3266

Schools: Adams Elementary
       Fay Elementary
       Florence Joyner Elementary
       Franklin Elementary
       Garfield Elementary
       Golden Hill K-8
       Hamilton Elementary
       Lewis Middle
       Millennial Tech Middle
       Monroe Clark Middle
       Oak Park Elementary
       Rosa Parks Elementary
       Rowan Elementary
       Webster Academy
San Diego Unified School District (cont.)

Provider: Rady Children’s Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Hoover High
Morse High

Provider: San Diego Unified School District - Early Childhood Mental Health Services
Incredible Years
Address: 3510 Newton Avenue, Building B103, San Diego, CA 92113
Phone: (619) 344-6229

Schools: Burbank Elementary
Chavez Elementary
Chollas/Mead Elementary
Emerson/Bandini Elementary
Euclid Elementary
Sherman Elementary

Provider: San Diego Unified School District - Mental Health Resource Center
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2227

Schools: ALBA
Barnard Elementary
Bell Middle
Bethune Elementary
CPMA (6-8)
Johnson Elementary K-5
Lincoln High
Mann Middle
Pacific View Leadership Academy
Patrick Henry High
Rolando Park Elementary K-5
SCPA
Serra High
Washington Elementary K-5
Wilson Middle K-8
San Diego Unified School District (cont.)

Provider: San Diego Unified School District – North Central PEI
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2227

Schools: Adams Elementary
          Central Elementary
          Edison Elementary
          Field Elementary
          Florence Joyner Elementary
          Linda Vista Elementary
          Rosa Parks Elementary
          Ross Elementary
          Rowan Elementary
          Washington Elementary K-5

Provider: San Diego Unified School District – Southeast PEI
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2227

Schools: Audubon K-8
          Burbank Elementary
          Chollas-Mead Elementary
          Encanto Elementary
          Freese elementary
          Johnson Elementary K-5
          Kimbrough Elementary
          Nye Elementary
          Perkins Elementary K-8
          Valencia Park Elementary

Provider: Social Advocates for Youth (SAY)
Address: 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105
Phone: (619) 283-9624

Schools: America’s Finest Charter
          Encanto Elementary
          Epiphany Charter
          Freese Elementary
          O’Farrell Community

Provider: Union of Pan Asian Communities (UPAC) – Central Teen Recovery Center
Address: 3288 El Cajon Blvd., Suite 13
Phone: (619) 521-5720

Schools: ALBA Community
          Hoover High
          San Diego High
San Diego Unified School District (cont.)

**Provider:** Union of Pan Asian Communities (UPAC) – Child & Adolescent Mental Health  
**Address:** 1031 25th Street, San Diego, CA 92102  
**Phone:** (619) 232-6454

**Schools:** Bell Middle (API only)  
Boone Elementary  
Chesterton Elementary  
Chollas/Mead Elementary  
Edison Elementary  
Fulton Elementary K-8  
Gompers Preparatory Academy 6-12  
Horton Elementary  
Hoover High  
Knox Elementary  
Morse High (API only)  
Nye Elementary  
Paradise Hills Elementary  
Porter Elementary  
Valencia Park Elementary

**Provider:** Vista Hill Foundation - Central Southeastern Teen Recovery Center  
**Address:** 220 S. Euclid Avenue, Suite 40, San Diego, CA 92114  
**Phone:** (619) 795-7232

**Schools:** Lincoln High  
Morse High

**Provider:** YMCA - Therapeutic Interventions Designed to Empower Students (TIDES)  
**Address:** 4080 Center Street, Suite 103, San Diego, CA 92103  
**Phone:** (619) 543-9850

**Schools:** Birney Elementary  
Clay Elementary  
King Chavez Arts Academy/Athletics Academy  
King Chavez Academy of Excellence  
King Chavez Preparatory Academy  
Ocean Beach Elementary  
Perkins Elementary  
Roosevelt Middle  
San Diego High  
Sherman Elementary
San Marcos Unified School District

Provider: Rady Children’s Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Alvin Dunn Elementary
          San Marcos Elementary
          Woodland Park Middle

Santee School District

Provider: Rady Children’s Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-8471

Schools: Hill Creek Elementary
          Pepper Drive Elementary
          Prospect Avenue Elementary
          Rio Seco Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 448-9700

Schools: Cajon Park Elementary
          Carlton Hills Elementary
          Carlton Oaks Elementary
          Chett Harritt Elementary
          Santee Success Program

San Ysidro School District

Provider: Rady Children’s Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Sunset Elementary

Provider: San Ysidro Health Center-Youth Enhancement Services (YES)
Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154
Phone: (619) 428-5533

Schools: La Mirada Elementary
          San Ysidro Middle
          Smythe Elementary
          Willow Elementary

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

Schools: Smythe Elementary
South Bay Union School District

Provider: Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay
Address: 330 Moss St., Chula Vista, CA 91911
Phone: (619) 628-2591

Schools
- Bayside Elementary
- Berry Elementary
- Central Elementary
- Emory Elementary
- George Nicoloff Elementary
- Howard Pence Elementary
- Imperial Beach Elementary
- Nester Elementary
- Oneonta Elementary
- Sunnyslope Elementary
- Teofilo Mendoza Elementary
- Westview Elementary

Provider: South Bay Community Services - PEI
Address: 430 F Street Chula Vista, CA 91910
Phone: (619) 420-3620

School: Berry Elementary

Spencer Valley School District

Provider: Vista Hill Learning Center - Ramona/North Inland
Address: 1012 Main Street, #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Spencer Valley Elementary
Sweetwater Union High School District

Provider: McAlister Institute – South Teen Recovery Center
Address: 629 Third Avenue, Suite C, Chula Vista, CA 91910
Phone: (619) 691-1045

School: Palomar High

Provider: SUHSD - Mental Health Resource Center
Address: 1051 Picador Blvd., San Diego, CA 92154
Phone: (619) 420-3620

Schools: Bonita Vista Middle
         Bonita Vista High
         Castle Park High
         Castle Park Middle
         Chula Vista High
         Chula Vista Middle
         Eastlake Middle
         Granger Junior High
         Hilltop High
         Hilltop Middle
         Mar Vista Academy *
         Mar Vista High*
         Montgomery High
         Montgomery Middle *
         National City Middle
         Olympian High
         Options Secondary
         Otay Ranch High
         Palomar High
         Rancho del Rey Middle
         SAILS
         San Ysidro High
         Southwest High
         Southwest Middle
         Sweetwater High

*feeds into Community Resource Center
Valley Center-Pauma Union School District

Provider: Palomar Family Counseling Services  
Address: 1002 East Grand Ave, Escondido, CA 92025  
Phone: (760) 741-2660

Schools: Lilac Elementary  
          Oak Glen High  
          Pauma Elementary  
          Valley Center Elementary  
          Valley Center Middle  
          Valley Center Primary  
          Valley Center High School

Provider: Palomar Family Counseling Services – School Age PEI  
Address: 1002 East Grand Ave, Escondido, CA 92025  
Phone: (760) 741-2660

Schools: Valley Center Primary  
          Valley Center Elementary

Vista Unified School District

Provider: McAlister Institute – North Coastal Teen Recovery Center  
Address: 3923 Waring Road, Suite D, Oceanside, CA 92056  
Phone: (760) 726-4451

Schools: Rancho Buena Vista High  
          Vista High

Provider: North County Lifeline, Inc.  
Address: 707 Oceanside Blvd, Oceanside, CA 92054  
Phone: (760) 757-0118

Schools: Alamosa Park Elementary  
          Empresa Elementary  
          Guajome Park Academy  
          Major General Murray High  
          Mission Meadows Elementary  
          Mission Vista High School  
          Olive Elementary  
          Roosevelt Middle  
          Temple Heights Elementary  
          Vista Innovation and Design Academy (VIDA)  
          Vista High School
Vista Unified School District (cont.)

Provider: Palomar Family Counseling Services  
Address: 1002 East Grand Avenue, Escondido, CA 92025  
Phone: (760) 741-2660

Schools: Alta Vista High  
Beaumont Elementary  
Bobier Elementary  
Foothill Oak Elementary  
Hannalei Elementary  
Monte Vista Elementary  
Rancho Minerva Middle  
Vista Academy of Visual and Performing Arts (VAPA)  
Vista Magnet Middle

Provider: Palomar Family Counseling Services – School Age PEI  
Address: 1002 East Grand Ave., Escondido, CA 92025  
Phone: (760) 741-2660

Schools: Grapevine Elementary  
Maryland Elementary

Provider: Rady Children’s Outpatient Psychiatry- North Coastal  
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056  
Phone: (760) 758-1480

Schools: Breeze Hill Elementary  
Casita Center Elementary  
Grapevine Elementary  
Maryland Elementary  
Rancho Buena Vista High

Provider: Union of Pan Asian Communities (UPAC)  
Address: 1031 25th Street, San Diego, CA 92102  
Phone: (619) 232-6454

Schools: Lake Elementary  
Madison Middle

Warner Unified School District

Provider: Vista Hill Learning Center- Ramona/North Inland  
Address: 1012 Main St, Suite #101, Ramona, CA 92065  
Phone: (760) 788-9724

Schools: Warner Springs Elementary  
Warner Springs High  
Warner Springs Middle
Community Information

ACCESS Customer Service Center  (866) 262-9881
Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers.

Access and Crisis Line  (888) 724-7240
San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

Child Abuse Hotline  (800) 344-6000
Toll free within the State of California

2-1-1 San Diego/Imperial Counties  211 (Local)  (800) 227-0997
Information and referral for all Health and Social Services in San Diego County

Office of the Primary Public Defender-
Juvenile Delinquency  (858) 974-5757
County run law offices of the Public Defender

Polinsky Children’s Center  (858) 514-4600
County run shelter for children in need of protective services

Social Security Administration  (800) 772-1213
Main information number to access Social Security benefits and information

San Diego Network of Care for Behavioral Health  (619) 563-2700
http://sandiego.networkofcare.org
Support Groups/Self-Help

Al-Anon San Diego
http://alanonsandiego.org
(619) 296-2666
North/East (800) 690-2666

Alcoholics Anonymous
http://www.aasandiego.org
Central (619) 265-8762
http://nosdco.aa.org
North County (760) 758-2514

Children and Adults with Attention Deficit Disorder (CHADD)
http://chadd.org
(619) 736-1111
National Resource Center (800) 233-4050

Gamblers Anonymous
http://www.sandiegoga.org
(888) 233-8547

Legal Aid Society of San Diego
http://www.lassd.org
(877) 534-2524

Mental Health America
http://www.mhasd.org
(619) 543-0412

Narcotics Anonymous
San Diego/Imperial
http://www.sandiegona.org
(619) 584-1007
North County (866) 331-1958
(800) 479-0062
Spanish (619) 546-0774

Yellow Ribbon
Suicide Prevention Program
http://www.yellowribbonsd.org
San Diego (888) 724-7240
(800) 273-TALK (8255)
Behavioral Health Websites

1. 2-1-1 San Diego/Imperial
   http://www.211sandiego.org

2. American Academy of Pediatrics
   California Chapter 3 - San Diego/Imperial
   http://www.aapca3.org/

3. American Institutes for Research
   http://www.air.org

4. ARC of San Diego
   http://www.arc-sd.com

5. Balanced Mind Parent Network –
   Mood Disorders
   http://www.thebalancedmind.org

6. Center for School Mental Health
   http://csmh.umd.edu/

7. Children and Adults with Attention
   Deficit/Hyperactivity Disorder
   http://www.chadd.org/

8. Children Mental Health (CMH) Network
   http://www.cmhnetwork.org

9. Department of Managed Health Care
   http://www.dmhc.ca.gov

10. Health and Human Services of San Diego
    County
    http://www.sandiegocounty.gov

11. Healthy San Diego
    Access Customer Service (888) 724-7240

12. National Alliance on Mental Illness - San Diego
    http://www.namisandiego.org

13. National Federation of Families for Children’s Mental Health
    http://www.ffcmh.org

14. OPTUM San Diego
    https://www.optumsandiegoc.com

15. Technical Resource Library (TRL)
    http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html

16. San Diego Network of Care (for Behavioral Health)
    http://sandiego.networkofcare.org/mh

17. Smart Recovery
    http://www.smartrecovery.sd.org
CYFBHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: ________________________________

ADDRESS: ______________________________________________________

PHONE NUMBER: ________________________________________________

ELIGIBILITY/POPULATION: ________________________________________

SERVICES: _______________________________________________________

_________________________________________________________________

_________________________________________________________________

CULTURAL/LINGUISTIC SERVICES: _________________________________

_________________________________________________________________

SPECIALTY POPULATIONS: _________________________________________

_________________________________________________________________

PARENT ORGANIZATION: ________________________________

CONTACT/TITLE: _________________________________________________

OTHER: _________________________________________________________

If you have any revisions, edits, and or comments, please complete this form and send to Yvonne Gage:

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San Diego, CA 92186-5524

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