

Mental Health CLUBHOUSES in San Diego County

Clubhouses are listed below by regional location. Participants are not restricted to Clubhouses within the region they live. **(SSI)** indicates SSI Advocacy services offered.

Central Region

Debbie Iadisernia, Program Director

API DISCOVERY CLUBHOUSE

Alvarado Parkway Institute
5538 University Avenue
San Diego, CA 92105
Membership Information:
619-667-6176

Hours: Sat/Sun. 10-4pm

diadisernia@apibhs.com

Rebecca Ellis, Program Director

THE CORNER CLUBHOUSE

Community Research Foundation
2864 University Avenue
San Diego, CA 92104
Ph: 619-683-7423
Fax: 619-683-7428

Hours: M-F 8 - 4

rellis@comresearch.org

Sarah Koenigsberg, Program Manager

FRIEND-TO-FRIEND PROGRAM (SSI)

Serving Homeless

HQ: 4305 University Avenue
Suite 400
San Diego, CA 92105
619-955-8217

(temporary address, call first)

SarahK@ecscalifornia.org

North Central Region

May Vang, Program Coordinator

EASTWIND CLUBHOUSE

UPAC Eastwind Center
8745 Aero Drive, Suite 101
San Diego, CA 92123
Ph: 858-268-4933
Fax: 858-268-0244

Hours: M-F 8:30 - 5

mvang@upacsd.com

East Region

Joan Cefalu, Program Manager

EAST CORNER CLUBHOUSE (SSI)

Community Research Foundation
1060 Estes St
El Cajon, CA 92020
Ph: 619-440-5133
Fax: 619-440-8522

Hours: M,T,Th,F – 8-4; W- 8-6:30

Joan@comresearch.org

Ayele Melkie, Program Manager

NHA - FRIENDSHIP CLUBHOUSE

Neighborhood House Association, Inc
286 Euclid Avenue, #104
San Diego, CA 92114
Ph: 619-263-6269, x-205
Fax: 619-264-3581

Hours: M-F 8:30 - 5:30

Amelkie@neighborhoodhouse.org

Sharron Hedenkamp, Exec. Director

THE MEETING PLACE, INC. (SSI)

2553 State Street
San Diego, CA 92101
Ph: 619-294-9582
Fax: 619-294-9588

**Hours: M, T, Th 8-6; F 8-4 and
1st and 3rd Saturday 10-2**

themeetingplace@mhsinc.org

Carter Gardner, Program Manager

MORENA ACTIVITY CENTER

*Serving clients of North Central MHC or Case
Management*

1250 Morena Boulevard
San Diego, CA 92110
Ph: 619-692-8765

Hours: T-Th: 9:00-4:30pm

Carter.Gardner@sdcounty.ca.gov

Tonya Jenkins, Program Coordinator

OASIS CLUBHOUSE

Serving Transitional Age Youth (16-25)
Providence Community Services
7155 Mission Gorge Road
San Diego, CA 92120
Ph: 858-300-0470
Fax: 858-300-0471

Hours: M-F 9am-6pm

TMJenkins@provcorp.com

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South Region

Wes Chester, Clubhouse Coordinator

BAYVIEW CLUBHOUSE

Paradise Valley Hospital

Bayview Behavioral Health Campus

330 Moss Street

Chula Vista, CA 91911

Ph: 619-585-4646

Fax: 619-585-4625

Hours: M-F: 8:00-4pm

Evenings/weekends- call for schedule

bayviewclubhouse@yahoo.com

Diana Penones, Program Director

VISIONS

CRF/Mental Health America

226 Church Street

Chula Vista, CA 91910

Ph: 619-420-8603

Fax: 619-420-0385

Hours: M-F 12-7; S-S 12-5

NA and Dual DX groups- call for Days/times

dpenones@mhasd.org

Amelia Ford, Program Manager

CASA DEL SOL CLUBHOUSE (SSI)

Community Research Foundation

1157 30th Street

San Diego, CA 92154

Ph: 619-429-1937 Fax: 619-429-5205

Hours: M-8:30-6; T, Th,

F-8:30-4:30; Wed 12-8

aford@comresearch.org

North Coastal Region

Dolores Alegria, Co-Director

Mike Matthews, Co-Director

FRIENDS IN HAND CLUBHOUSE

(Not County-funded)

144 Copper Avenue

Vista, CA 92083

Ph: 760-631-2206

Hours: 11 am – 4 pm

Saturdays and Wednesdays

Creativeopportunities@cox.net

Kimberly McNaughton Hume, Program Manager

MARIPOSA CLUBHOUSE (SSI)

Mental Health Systems, Inc.

560 Greenbrier, Suites C-E

Oceanside, CA 92054

Ph: 760-439-2785

Fax: 760-439-6902

Hours: M-F 8-4:30

kmcnaughton@mhsinc.org

North Inland Region

Sara Bowdoin-Jones, Program Director

ESCONDIDO CLUBHOUSE (SSI)

Mental Health Systems, Inc

474 W. Vermont Avenue

Escondido, CA 92025

Ph: 760-737-7125

Fax: 760-737-6129

Hours: M-F 8 - 4:30

sbowdoin@mhsinc.org