

catalyst™ Summary

Catalyst is an Assertive Community Treatment (ACT) program of Providence Community Services. Catalyst provides full service partnership services to Transitional Age Youth (TAY) ages 16 to 25 with a serious mental illness, and who are homeless or at risk of becoming homeless in San Diego County. This recovery-focused program is also co-located with a consumer-run clubhouse offering a wide range of services designed to help each participant lead a meaning, self-sufficient life.



This program is funded by the
County of San Diego/HHSA

CATALYST //

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WWW.KICKSTARTSD.ORG

A BETTER TOMORROW IS POSSIBLE.



catalyst™

PG Providence
Community
Services

*(prāv'e dens) - the exercise of foresight
and care for the future*

Who is Providence?

Formed in 1997, Providence Service Corporation is an innovative provider of mental health services offering a wide variety of programs across the country; all of which share a primary commitment to provide care that builds upon participants' strengths and responds to their concerns.

Providence specializes in counseling and supportive services in home and community-based settings, and our mission is to ensure the provision of accessible, effective, and high-quality community-based counseling and social services as an alternative to traditional institutional care.

Providence is dedicated to ensuring that all clients have access to professional community-based care, proven treatment methods, and comprehensive service planning.

Providence Community Services' Catalyst program opened in 2006. Catalyst's services promote recovery and resilience through comprehensive, integrated, consumer driven, strength-based care and a 'whatever it takes' approach

www.kickstartsd.org

To find out if you or someone you know is eligible for services, please call:

(858) 300-0460

How Does ACT Work?

A Team Approach

Psychiatrists, nurses, mental health professional, employment specialists, peer support personnel and co-occurring specialists join together on ACT teams to give consumers ongoing, individualized care.

Services Provided Where They Are Needed

Consumers receive ACT services in their homes, where they work, and in other settings in the community where problems occur or where support is needed.

Personalized Care

ACT offers services that are customized to the individual needs of the consumer.

Time-Unlimited Support

ACT teams give consumers the services and supports they need for as long as they need them.

Continuous Care

Several ACT team members work regularly with each consumer.

Flexible Care

ACT teams fit their schedules around the needs of consumers.

Comprehensive Care

ACT teams provide an array of services to help meet consumer needs.

Services Provided When They Are Needed

ACT services are available 24 hours a day, 7 days a week. Someone is always available to handle emergencies.

What is ACT?

Assertive Community Treatment (ACT) is a team-based approach to delivering comprehensive and flexible treatment, support and services.

ACT is an extensive service for individuals who experience serious mental illness. People who receive ACT services typically have needs that have not been effectively addressed by traditional, less intensive mental health services.

Catalyst's ACT team provides comprehensive, individualized services in an integrated and continuous manner. Services are collaborative and recovery-oriented, and treatment includes: psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, resource linkage, advocacy, family psycho-education and therapy, supportive employment and education development, legal assistance, community integration services, peer support and group counseling.

The goal of Assertive Community Treatment is to assist people in achieving stability, independence and success.

catalyst™ Eligibility

- 16 to 25 years old
- San Diego County resident
- Homeless or are at risk of becoming homeless
- Diagnosis or symptoms of serious mental illness
- Significant impairment in daily living skills
- Medi-Cal eligible or indigent